

# Technogym Skillrun

## Assembly Manual

LINE: **SKILL**

EQUIPMENT CODE: **DJJ**

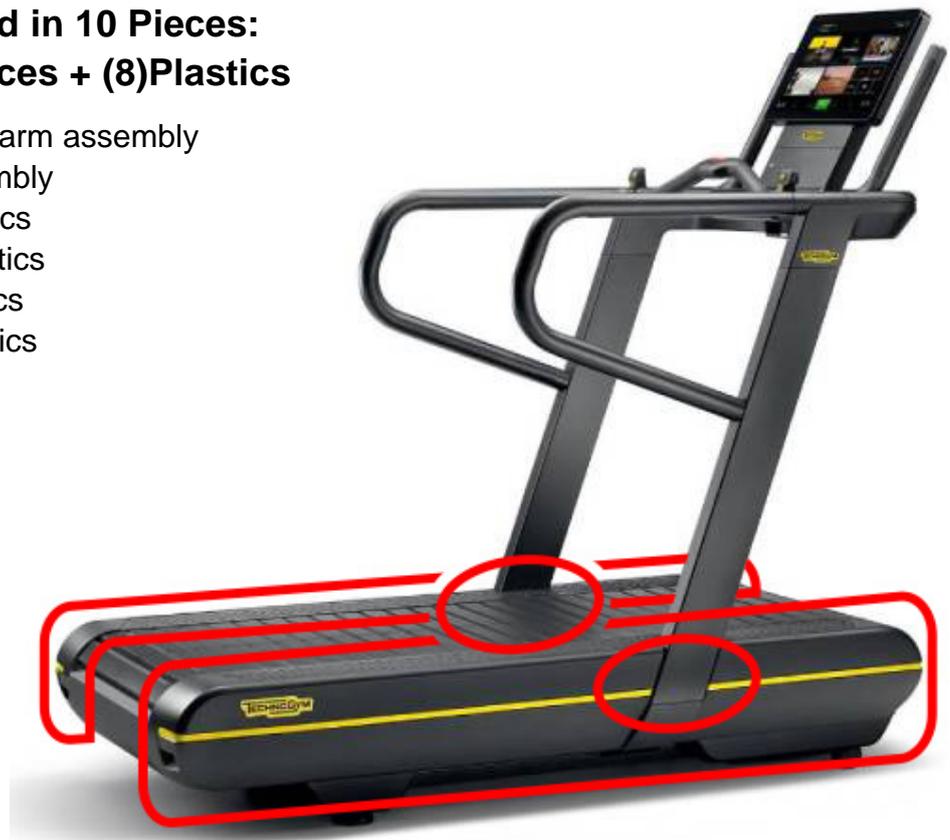
REV: **6.0**

DATE: **11-05-2022**

DOCUMENT CODE: **TSG-00051-EN**

### **Ships Disassembled in 10 Pieces: (2) Metal Frame Pieces + (8)Plastics**

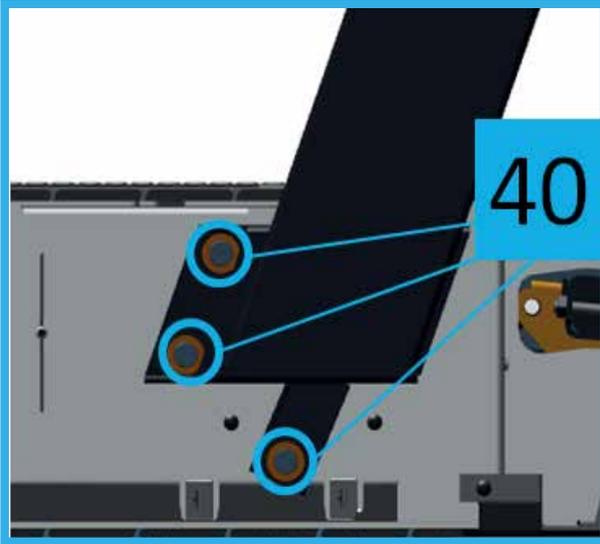
- ✓ 1 Complete upright arm assembly
- ✓ 1 Base frame assembly
- ✓ 2 top front rail plastics
- ✓ 2 front side rail plastics
- ✓ 2 rear top rail plastics
- ✓ 2 rear side rail plastics



**Technogym Skillrun Unity 5000 Assembly Directions  
USE This Assembly Version when unit is 4 Pieces**



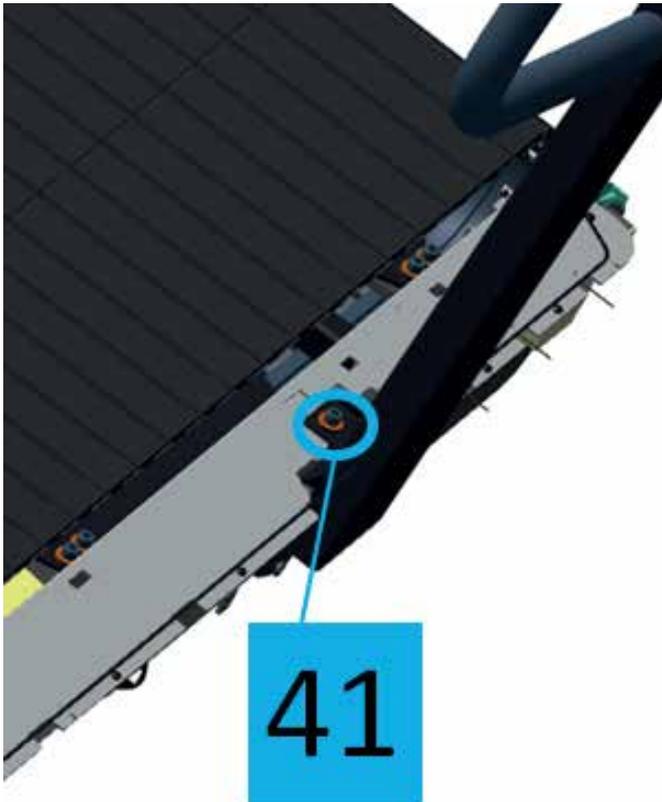
**The Wellness Company**



10. Remove the 3 screws (40), both on the right and on the left side of the equipment. (TOOL: 8 mm Allen wrench)



*The image is provided only as an example. In this specific case, the tread belt is not installed in the equipment.*



11. Remove the screw (41) both on the left and on the right side of the equipment. (TOOL: 8 mm Allen wrench)



*The image is provided only as an example. In this specific case, the tread belt is not installed in the equipment.*



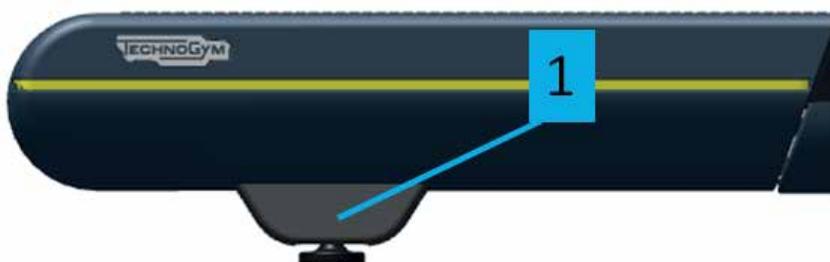
12. Remove the upright unit with the incorporated display from the equipment, and place it on the ground.



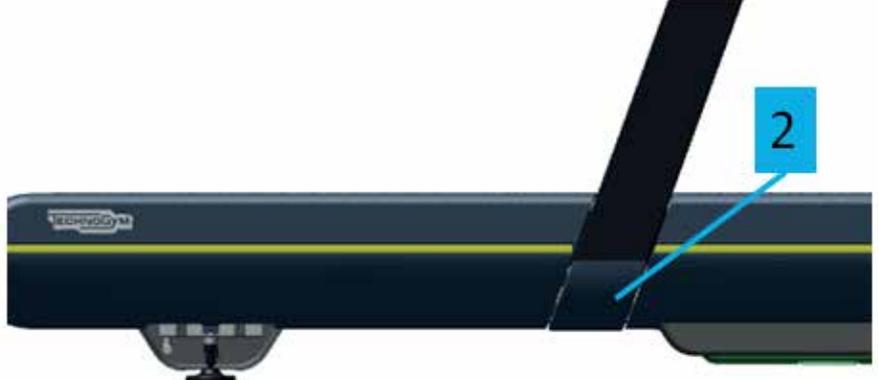
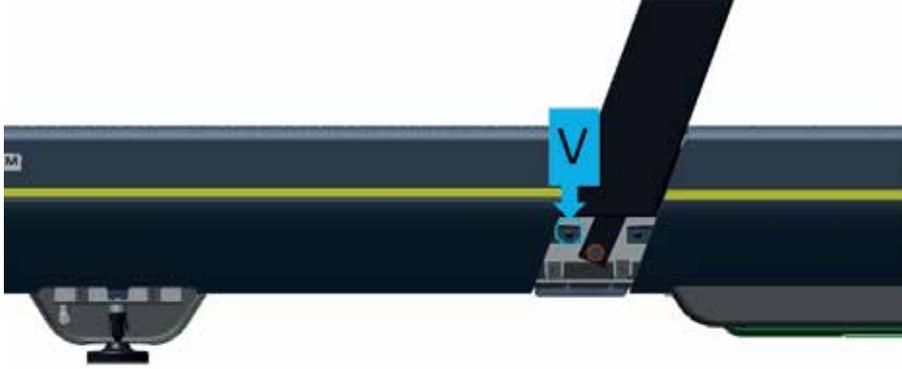
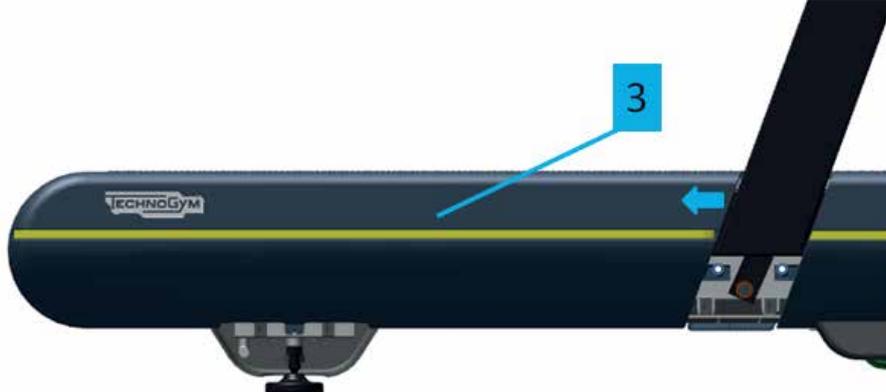
Protect the floor.

## 8.10 DISASSEMBLING THE GUARDS - BOTTOM OF THE EQUIPMENT

### 8.10.1 DISASSEMBLING THE REAR SIDE GUARD

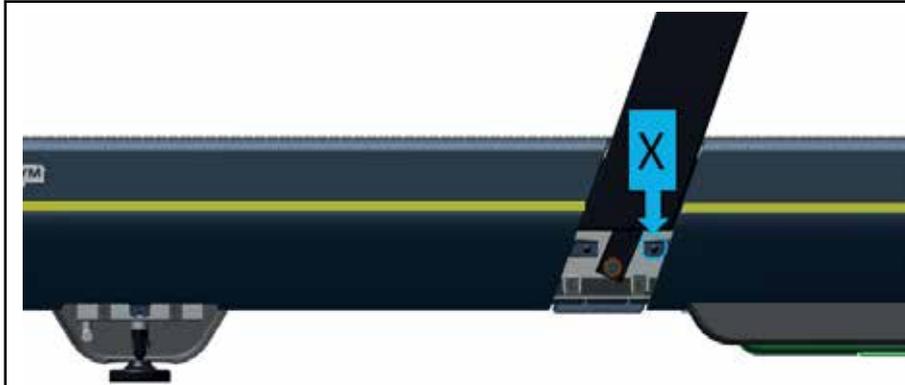


1. Remove the interlocked guard (1), pulling it towards the outside of the equipment.

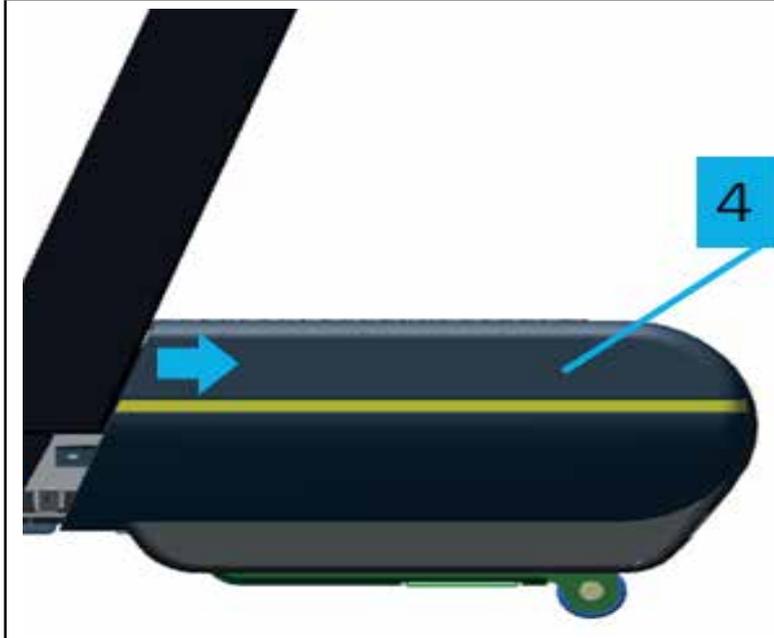
	<p>2. Remove the screw (U). (TOOL: medium Phillips screwdriver)</p>
	<p>3. Remove the interlocked guard (2), pulling it towards the outside of the equipment.</p>
	<p>4. Remove the screw (V). (TOOL: medium Phillips screwdriver)</p>
	<p>5. Push the guard (3) slightly towards the rear side of the equipment. Remove the guard (3).</p>

**8.10.2 DISASSEMBLING THE FRONT SIDE GUARD**

1. Remove the interlocked guard (2), pulling it towards the outside of the equipment.



2. Remove the screw (X). (TOOL: medium Phillips screwdriver)



3. Push the guard (4) slightly towards the front side of the equipment. Remove the guard (4).

### 8.10.3 DISASSEMBLING THE FRONT GUARD

1. Remove the front side guard lateral, right and left, as described in paragraph "8.10.2 Disassembling the front side guard".



2. Remove the screw (6). (TOOL: medium Phillips screwdriver)



3. Remove the 2 front screws (7) and (8). (TOOL: medium Phillips screwdriver)



4. Remove the screw (9). (TOOL: medium Phillips screwdriver)

5. The front guard can now be removed.

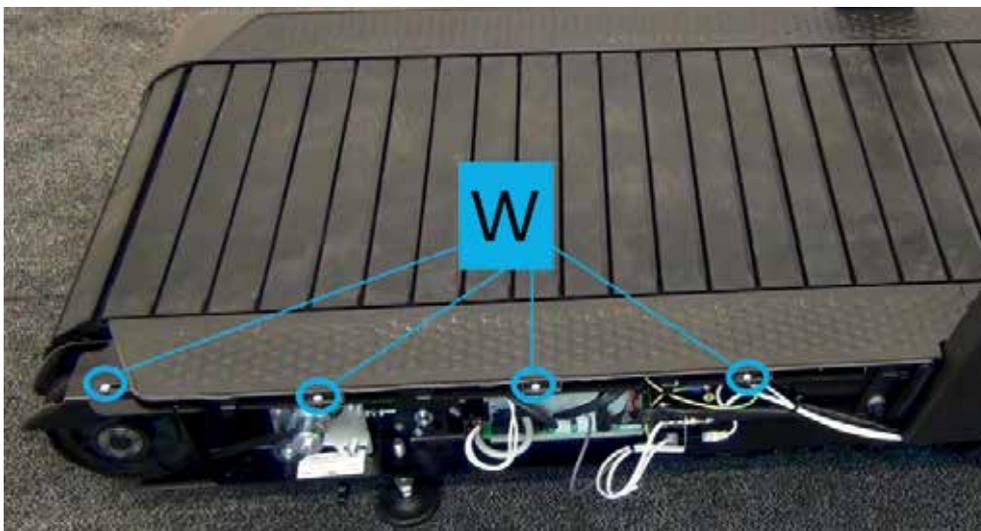


The front guard could be as that shown in the paragraph [“6.17.1 new front guard to arrange the excess portion of cable - ASSEMBLY PROCEDURE”](#)

## 8.11 DISASSEMBLING THE FOOTREST GUARD

### 8.11.1 DISASSEMBLING THE REAR SIDE FOOTREST GUARD

1. Remove the rear side guard as described in paragraph “8.10.1 Disassembling the rear side guard”.



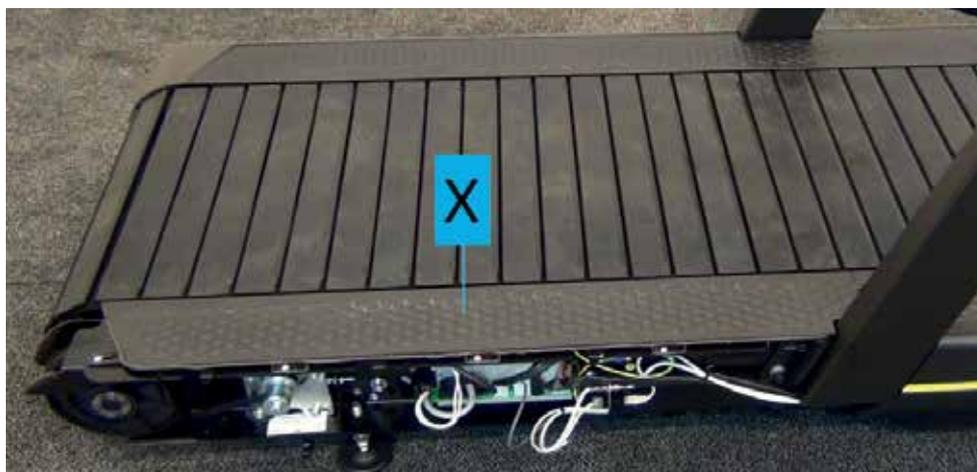
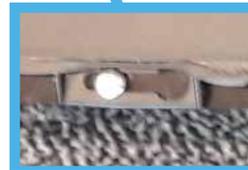
2. Loosen the 4 taptite screws (W). (TOOL: medium Phillips screwdriver).



During reassembly, tighten the taptite screws (W) with a tightening torque of 3 Nm - 2.2 lbf-ft.



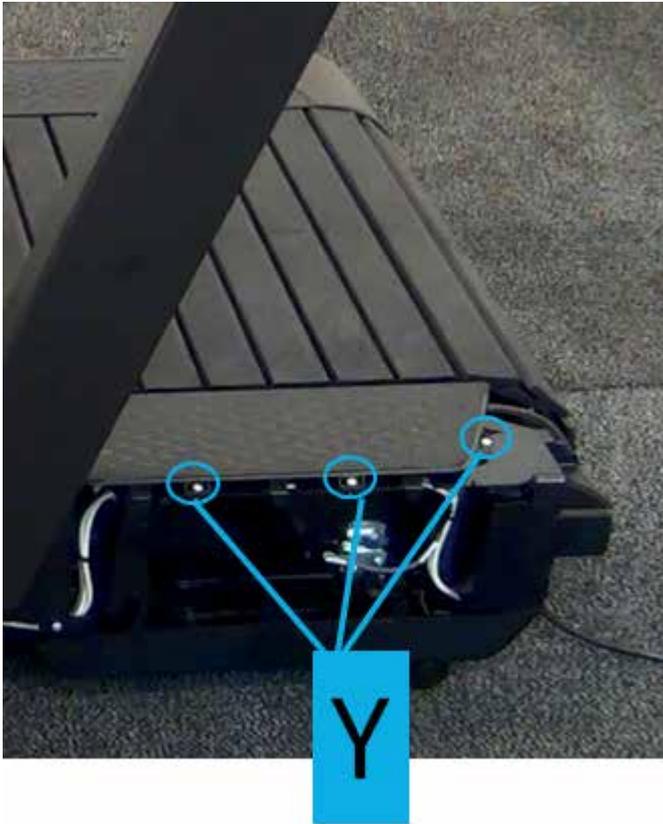
3. Push the footrest guard towards the rear part of the equipment, to release the screws from the eyelets.



4. Remove the footrest guard (X).

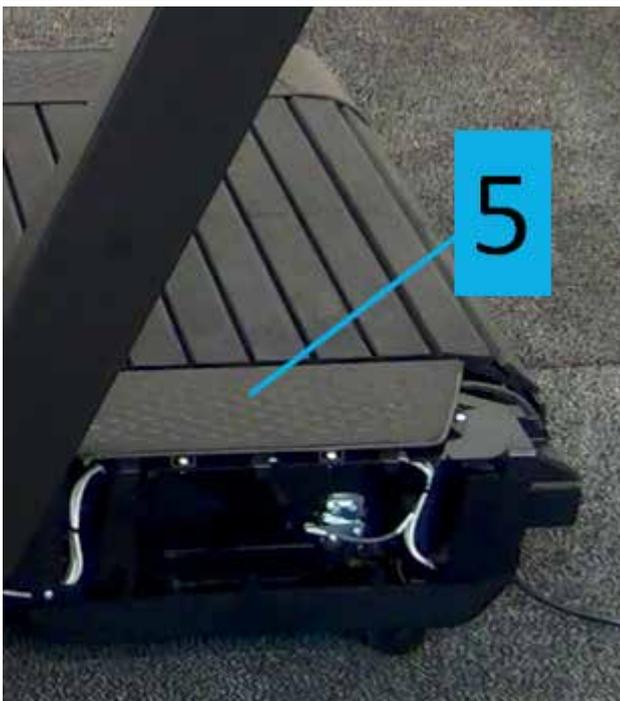
**8.11.2 DISASSEMBLING THE FRONT SIDE FOOTREST GUARD**

1. Remove the front side guard as described in paragraph "8.10.2 Disassembling the front side guard"



2. Remove the 3 taptite screws (Y). (TOOL: medium Phillips screwdriver)

 During reassembly, tighten the taptite screws (Y) with a tightening torque of 3 Nm - 2.2 lbf-ft.



3. Remove the footrest guard (5).