

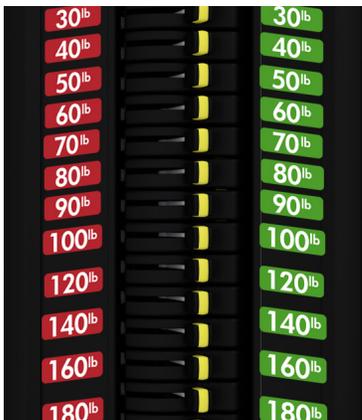
NAUTILUS IMPACT™

NAUTILUS
TRUSTED STRENGTH CENTER



PROVEN. SMART. EFFECTIVE.

It is the evolution of the proven biomechanics and user features that have made the Impact Strength line a solid, competitive product. This line retains all the unique, proven, individual design features that customers have stated are ideal, such as pre-stretch, start assist, range of motion selection and graduated heavy weight stacks. Impact Strength incorporates new aesthetics and biomechanics features that have established its position as a competitive and diverse strength product line.



LOCK N LOAD WEIGHT SELECTION

Selecting a weight with the intuitive Lock N Load design is as easy as flicking a switch. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load prevents unnecessary maintenance headaches since there are no pins to lose or replace.



THE ESSENTIAL STRENGTH LINE

This 23 piece line covers all of the essentials needed to make up the foundation of any facility. Suited for all fitness levels, users can isolate and focus on each body part, making their workout customizable and efficient. Proven biomechanics and a rock solid construction ensure the durability that club owners expect.

corehealthandfitness.com



SEATED LEG PRESS 9NA-S1305

W	47 IN (119 CM)
L	74 IN (187 CM)
H	65 IN (165 CM)
STACK WEIGHT	360 LBS (180 KG)
OVERALL WEIGHT	968 LBS (439 KG)
SHIPPING WEIGHT	1078 LBS (489 KG)



SEATED LEG CURL 9NA-S1313

W	39 IN 99 CM)
L	70 IN (178 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LBS (130 KG)
OVERALL WEIGHT	664 LBS (301 KGS)
SHIPPING WEIGHT	732 LBS (332 KGS)



KNEELING LEG CURL 9NA-S1311

W	44 IN (112 CM)
L	51 IN (130 CM)
H	60 IN (152 CM)
STACK WEIGHT	130 LBS (65 KG)
OVERALL WEIGHT	434 LB (197 KG)
SHIPPING WEIGHT	505 LB (229 KG)



ABDUCTOR 9NA-S1307

W	48 IN (122 CM)
L	67.5 IN (171 CM)
H	60 IN (152 CM)
STACK WEIGHT	180 LB (90 KG)
OVERALL WEIGHT	543 LB (237 KG)
SHIPPING WEIGHT	613 LB (278 KG)



CHEST PRESS 9NA-S4301

W	52 IN (132 CM)
L	50 IN (127 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	596 LB (270 KG)
SHIPPING WEIGHT	666 LB (302 KG)



LEG EXTENSION 9NA-S1312

W	38 IN (145 CM)
L	57 IN (97 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LBS (130 KG)
OVERALL WEIGHT	609 LBS (276 KG)
SHIPPING WEIGHT	668 LBS (303 KG)



LEG CURL 9NA-S1301

W	38 IN (97 CM)
L	71 IN (180 CM)
H	60 IN (152 CM)
STACK WEIGHT	180 LB (90 KG)
OVERALL WEIGHT	516 LB (234 KG)
SHIPPING WEIGHT	589 LB (267 KG)



ADDUCTOR 9NA-S1308

W	48 IN (122 CM)
L	67.5 IN (171 CM)
H	60 IN (152 CM)
STACK WEIGHT	180 LB (90 KG)
OVERALL WEIGHT	523 LB (237 KG)
SHIPPING WEIGHT	613 LB (278 KG)



STANDING CALF 9NA-S1309

W	49 IN (124 CM)
L	41 IN (104 CM)
H	62 IN (151 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	635 LB (288 KG)
SHIPPING WEIGHT	706 LB (320 KG)



INCLINE PRESS 9NA-S2301

W	51 IN (130 CM)
L	75 IN (191 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	690 LB (313 KG)
SHIPPING WEIGHT	814 LB (369 KG)



DELTOID FLY 9NA-S4304

W	30 IN (76 CM)
L	50 IN (127 CM)
H	79 IN (201 CM)
STACK WEIGHT	220 LB (110 KG)
OVERALL WEIGHT	580 LB (263 KG)
SHIPPING WEIGHT	646 LB (293 KG)



LAT PULL DOWN 9NA-S3305

W	55 IN (140 CM)
L	47 IN (119 CM)
H	98 IN (249 CM)
STACK WEIGHT	260 LBS (130 KG)
OVERALL WEIGHT	593 LBS (269 KG)
SHIPPING WEIGHT	642 LBS (291 KG)



LOW ROW 9NA-S3306

W	29 IN (72 CM)
L	90 IN (228.6 CM)
H	86 IN (218 CM)
STACK WEIGHT	260 LBS (130 KGS)
OVERALL WEIGHT	565 LBS (256 KGS)
SHIPPING WEIGHT	624 LBS (283 KGS)



DELTOID RAISE 9NA-S4302

W	46 IN (117 CM)
L	51 IN (130 CM)
H	60 IN (152 CM)
STACK WEIGHT	130 LBS (65 KG)
OVERALL WEIGHT	479 LB (217 KG)
SHIPPING WEIGHT	560 LB (254 KG)



TRICEP EXTENSION 9NA-S5302

W	46 IN (117 CM)
L	47 IN (119 CM)
H	60 IN (152 CM)
STACK WEIGHT	180 LB (90 KG)
OVERALL WEIGHT	499 LB (226 KG)
SHIPPING WEIGHT	580 LB (263 KG)



FIXED LAT PULL DOWN 9NA-S3303

W	43 IN (109 CM)
L	64 IN (163 CM)
H	80 IN (203 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	673 LB (305 KG)
SHIPPING WEIGHT	754 LB (342 KG)



VERTICAL ROW 9NA-S3301

W	45 IN (114 CM)
L	62 IN (157 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	598 LB (271 KG)
SHIPPING WEIGHT	684 LB (310 KG)



SHOULDER PRESS 9NA-S4307

W	53 IN (135 CM)
L	64 IN (163 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	620 LB (281 KG)
SHIPPING WEIGHT	684 LB (310 KG)



BICEPS CURL 9NA-S5301

W	46 IN (117 CM)
L	58 IN (147 CM)
H	60 IN (152 CM)
STACK WEIGHT	180 LB (90 KG)
OVERALL WEIGHT	545 LB (247 KG)
SHIPPING WEIGHT	626 LB (284 KG)



DIP MACHINE 9NA-S5303

W	42 IN (107 CM)
L	55 IN (140 CM)
H	65 IN (165 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	540 LB (245 KG)
SHIPPING WEIGHT	629 LB (285 KG)



CHIN DIP ASSIST 9NA-S6334

W	60 IN (152 CM)
L	50 IN (127 CM)
H	91 IN (231 CM)
STACK WEIGHT	200 LBS (100 KG)
OVERALL WEIGHT	776 LBS (352 KG)
SHIPPING WEIGHT	836 LBS (379 KG)



LOW BACK 9NA-S3302

W	46 IN (117 CM)
L	53 IN (135 CM)
H	60 IN (152 CM)
STACK WEIGHT	260 LB (130 KG)
OVERALL WEIGHT	593 LB (269 KG)
SHIPPING WEIGHT	676 LB (306 KG)



ABDOMINAL 9NA-S6301

W	43 IN (109 CM)
L	59 IN (150 CM)
H	60 IN (152 CM)
STACK WEIGHT	130 LBS (65 KG)
OVERALL WEIGHT	382 LBS (173 KG)
SHIPPING WEIGHT	492 LBS (223 KG)

ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	Fixed path
ASSISTED ADJUSTMENTS	SKU Dependent, Gravity assisted positioning, adjustable seat with "easy up" ratcheting adjustment
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	Yes on all units
UNILATERAL OR BILATERAL MOVEMENT	Yes, unit dependent
CONVERGING OR DIVERGING MOVEMENTS	Yes, unit dependent
PULLEY RATIO	1:1

FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Black
STANDARD UPHOLSTERY COLOR OPTIONS	Black
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CABLE VS. BELT DRIVEN TRANSMISSION	SKU dependent
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
HEIGHT	Changes per unit yet mostly 60"

USER SPECIFIC INFORMATION

STATIC PLACARDS	Yes, simple and intuitive placard
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	Yes, SKU dependent
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Rubber, large grips for pushing, smaller grips for pulling.
FOOT PLATFORM	Machine dependent
CONTOURED PADS	Yes, contoured back pads on select machines
RESTRAINT SYSTEM	No

WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	Machine dependent
INCREMENTAL WEIGHT SYSTEM	5 lb incremental weight system for optimal progression* except for Chin Dip Assist
WEIGHT STACK TOWER HEIGHT	Machine dependent
PLATE LOADED	N/A
WEIGHT STORAGE SOLUTION	N/A
LNL TECHNOLOGY	Yes
ADD-ON RESISTANCE AVAILABLE	Yes, 5 lb incremental
WEIGHT STACK SHROUD SPECIFICATIONS	Inside and outside steel shrouds, clear windows on both sides

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

CORE

HEALTH & FITNESS