

# FRENCH FITNESS

FFN-PCB / FFM-PCB

**FRENCH FITNESS NAPA & MARIN  
P/L SEATED BICEP CURL**

**ASSEMBLY MANUAL**



OR



## FEATURES

- 11 gauge steel
- High-quality steel tube ASTM A36 with 50 x 80 x 3mm
- Tungsten Inert Gas (TIG) welding
- Quality PU leather
- Electrostatic powder coating
- Solid steel frame
- Compact design
- Comfortable pad
- Round top edge curling pads
- California Residents see Prop 65 WARNINGS

## TECH SPECS

- Starting Resistance: 4lbs (1.8kg) per workarm
- Weight: 225lb (100kg)
- Dimensions: 44"L x 46"W x 55"H (L:112cm, W:117cm, H:140cm)
- User Height Range: 4'11" to 6'5" (149.86 cm to 195.58 cm)

## WARRANTY

**10 Years Parts, 1 Year Labor (Commercial)**

# ASSEMBLY GUIDE

