

FF-MAB30

FRENCH FITNESS MAB30 MULTI ADJUSTABLE BENCH

FRENCH FITNESS



CONDITIONING

Strengthens your heart and lungs while increasing your metabolic rate.



POWER

Increases speed and agility by activating fast twitch muscle fibers.



STRENGTH

Increase muscle, tendon and ligament strength; bone density; metabolic rate while improving heart and body composition.



FLEXIBILITY

Increase range of motion, flexibility and reduce the risk of injury.



WARNING

Consult your physician before beginning this or any exercise program. Keep out of reach of children.



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Maximum weight & Main tube size



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Maximum weight capacity
(including user weight): 800lbs

Maximum user weight: 350lbs

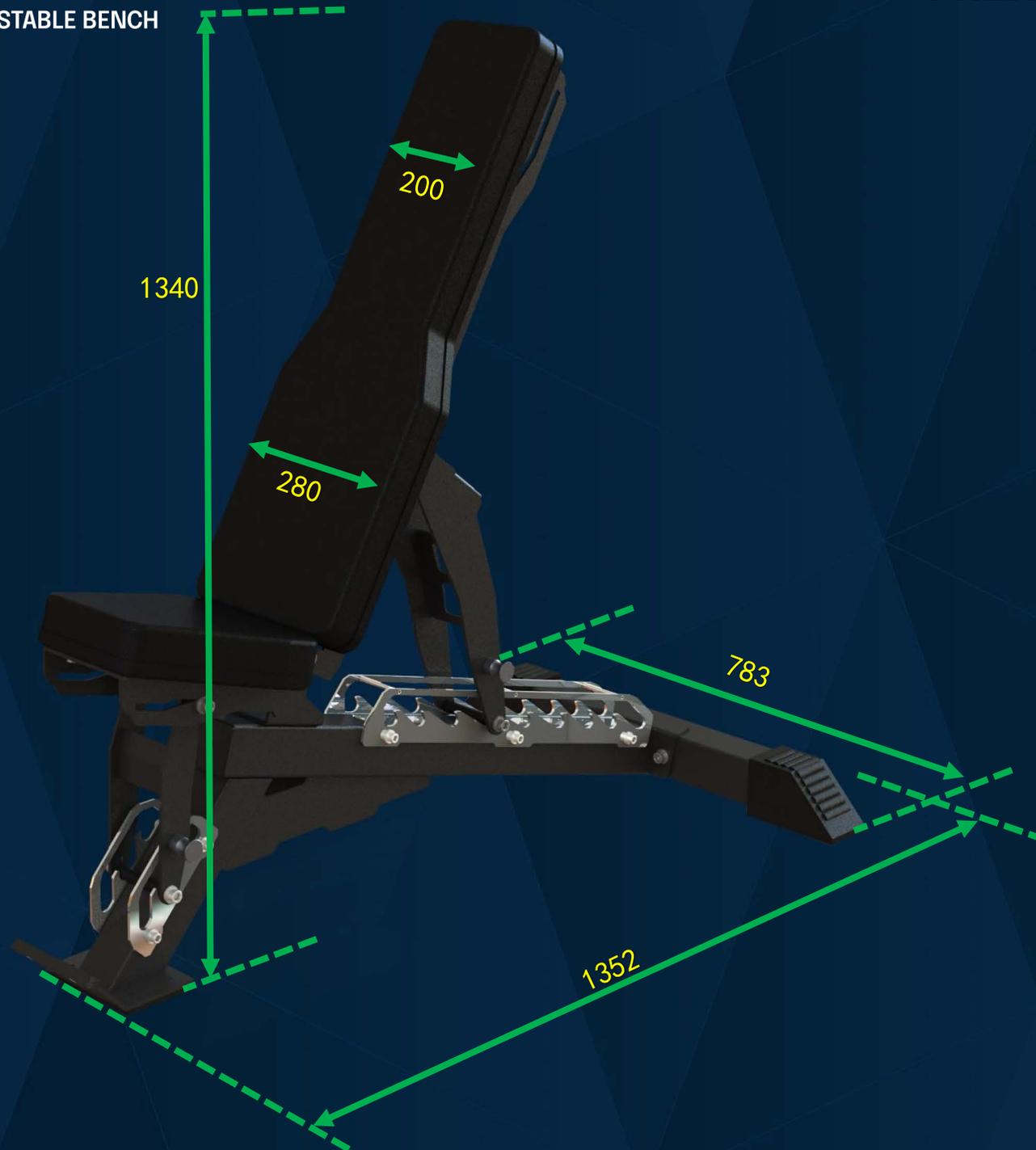
□ 75 × 3

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Assembled dimensions (mm)

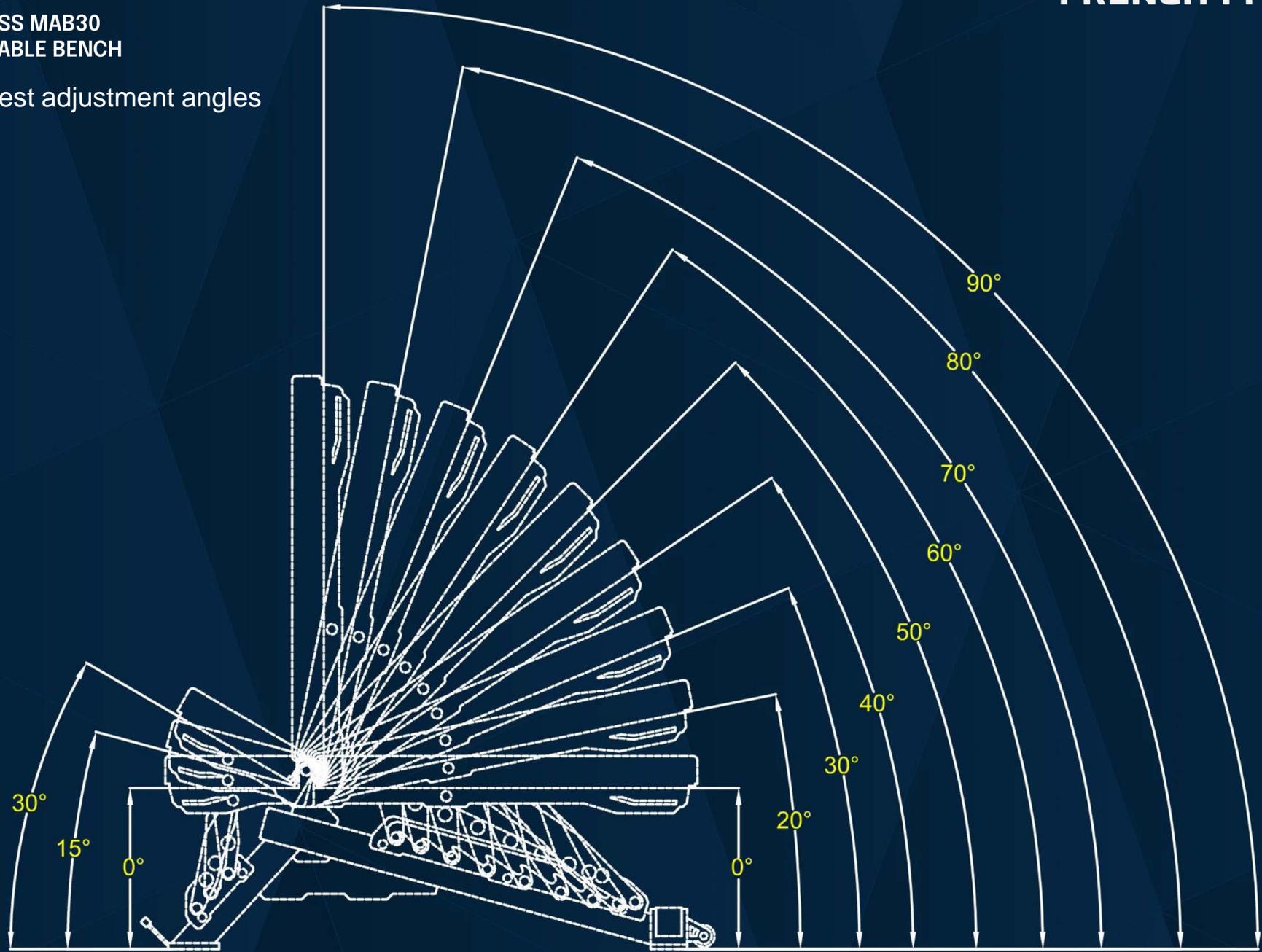


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Bench backrest adjustment angles



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Characteristic

Nine-angle
Adjustable backrest pad

Three-angle
Adjustable seat pad

Anti-static and wear resisting
high-grade powder coating

Parallel handle frame
design is more in line with
human-machine operation

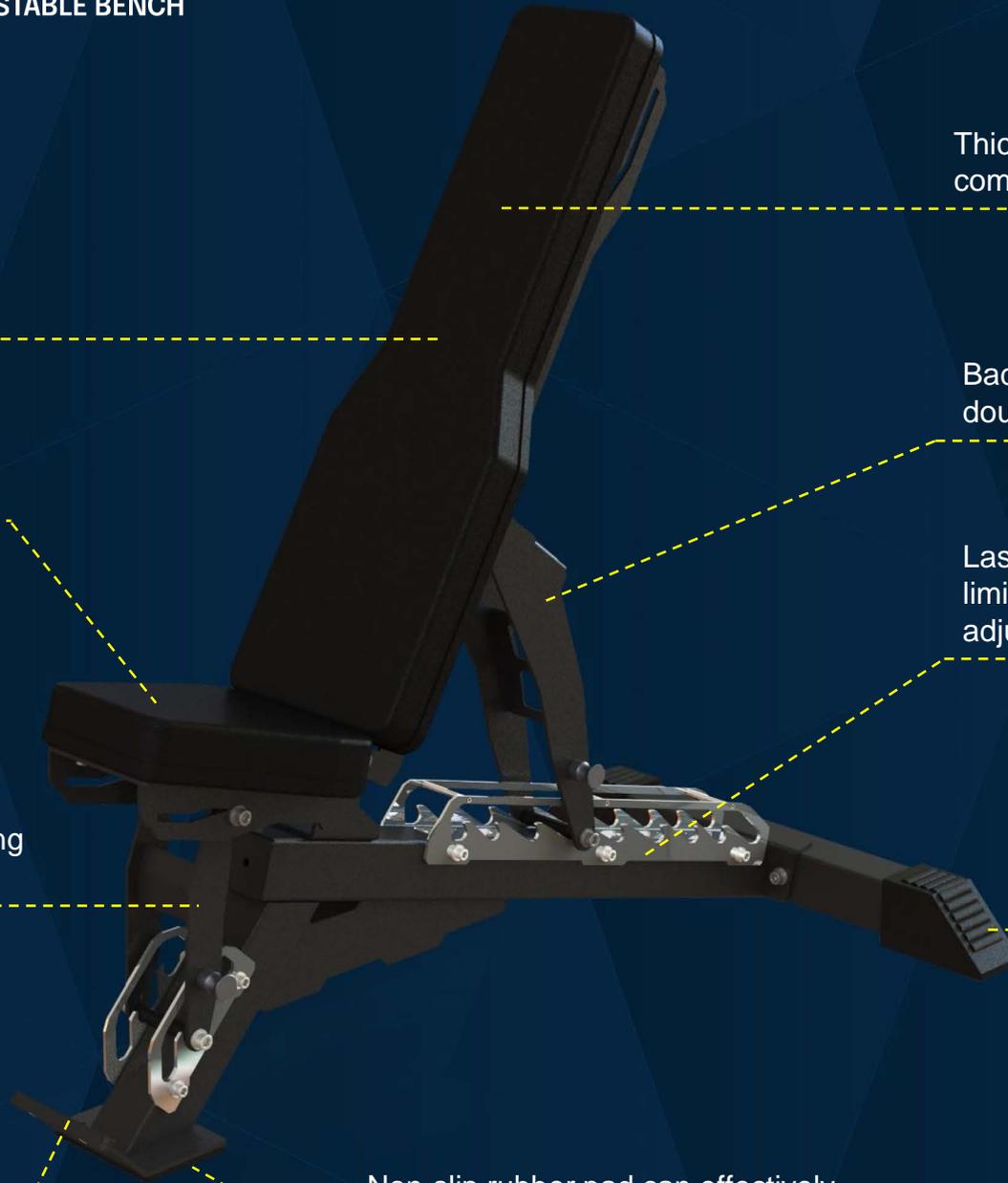
Thickened leather, soft and
comfortable

Backrest pad adjusting frame
double support, safety assurance

Laser cutting enclosed stainless steel
limit adjusting tooth shape plate can
adjust more safe

Larger foot cover can
effectively increase the area
of the ground and make the
product more stable

Non-slip rubber pad can effectively
avoid scratching floor



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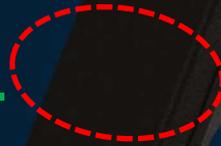
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Pad



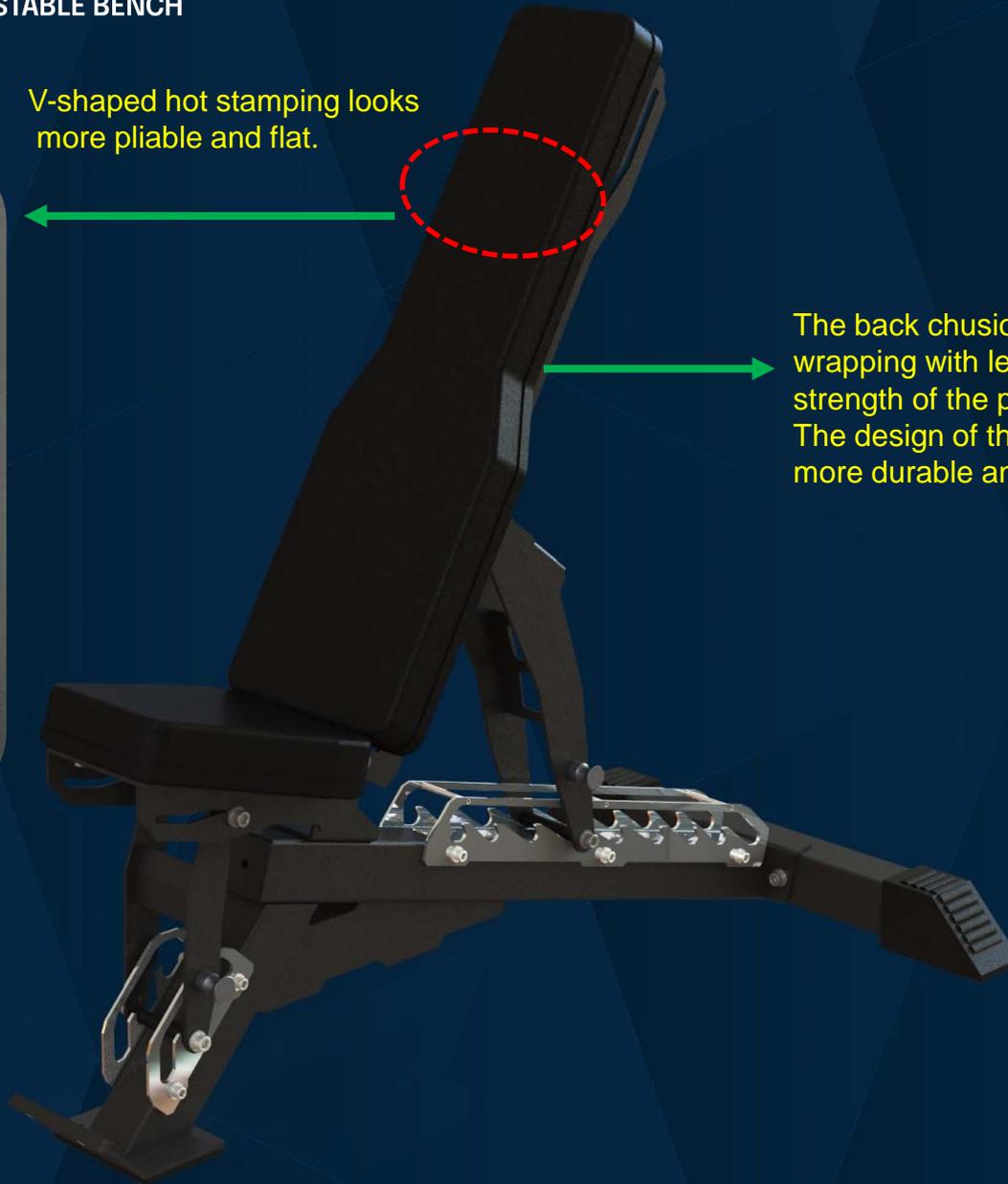
V-shaped hot stamping looks more pliable and flat.



The back cushion uses 5mm plywood wrapping with leather. It increases the strength of the pad
The design of the binding invisible line is more durable and beautiful.



Thickened commercial leather is more soft and comfortable.



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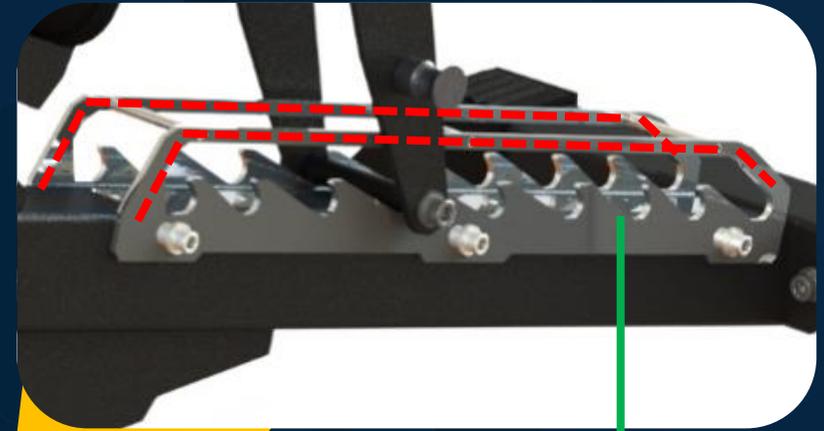
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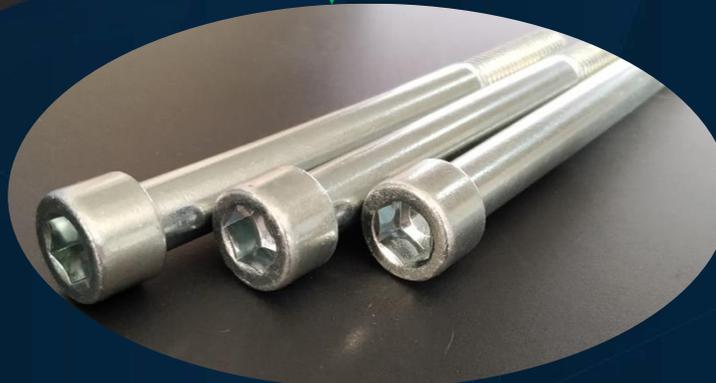
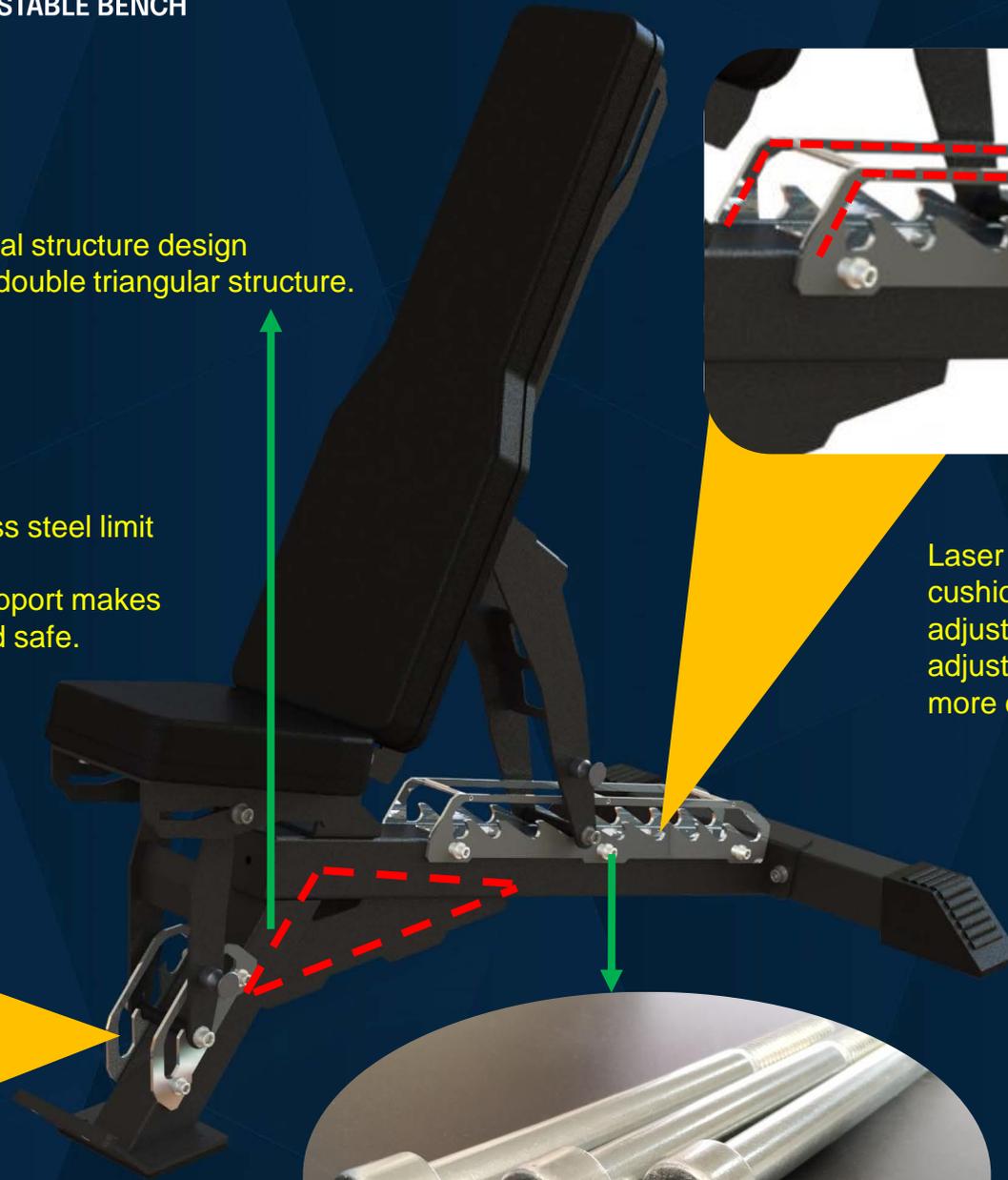
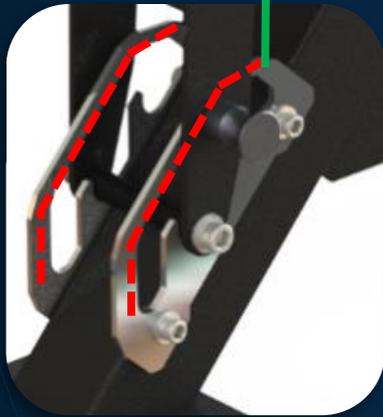
Triangular structure

Perfect mechanical structure design
More stable with double triangular structure.

Laser cutting enclosed stainless steel limit
adjusting tooth shape plate
Three positions adjustment support makes
the adjustment more easy and safe.



Laser cutting enclosed stainless steel limit
cushion adjusting tooth shape plate is easy to
adjust the angle to 90 degree to avoid the
adjusting plate coming out. The adjustment
is more easy and safe.



Hexagon Socket Head Screw
connection fastening

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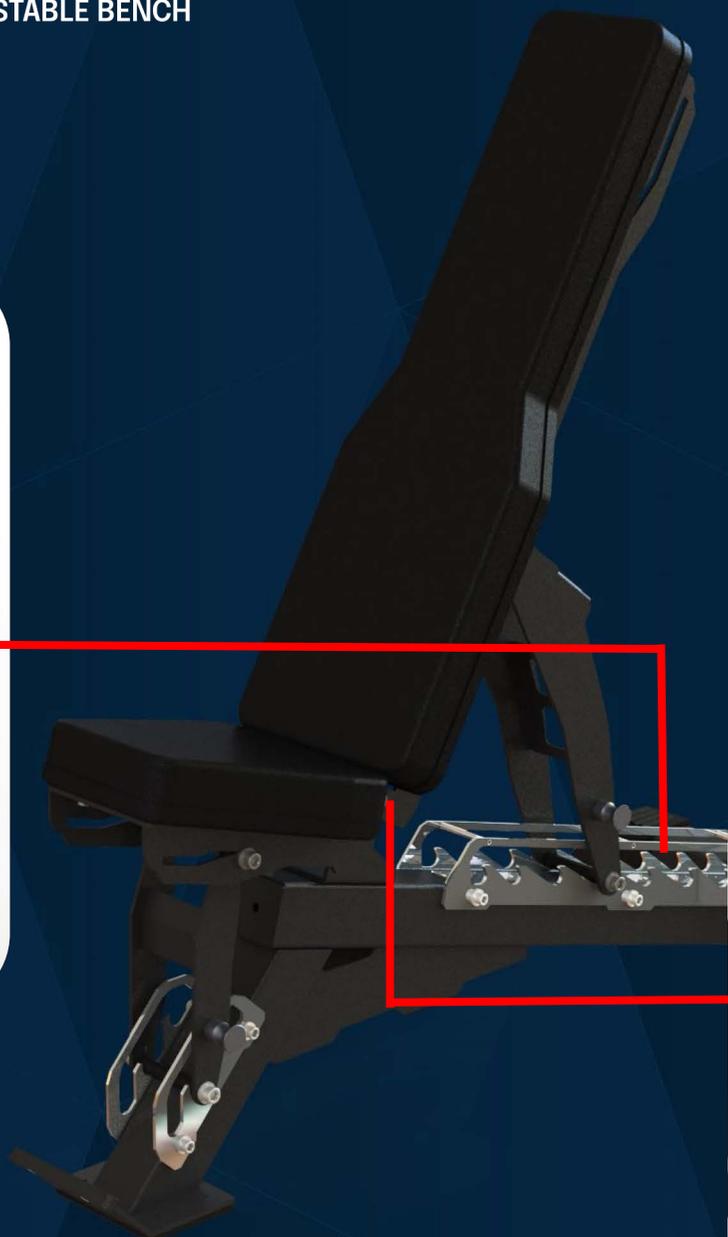
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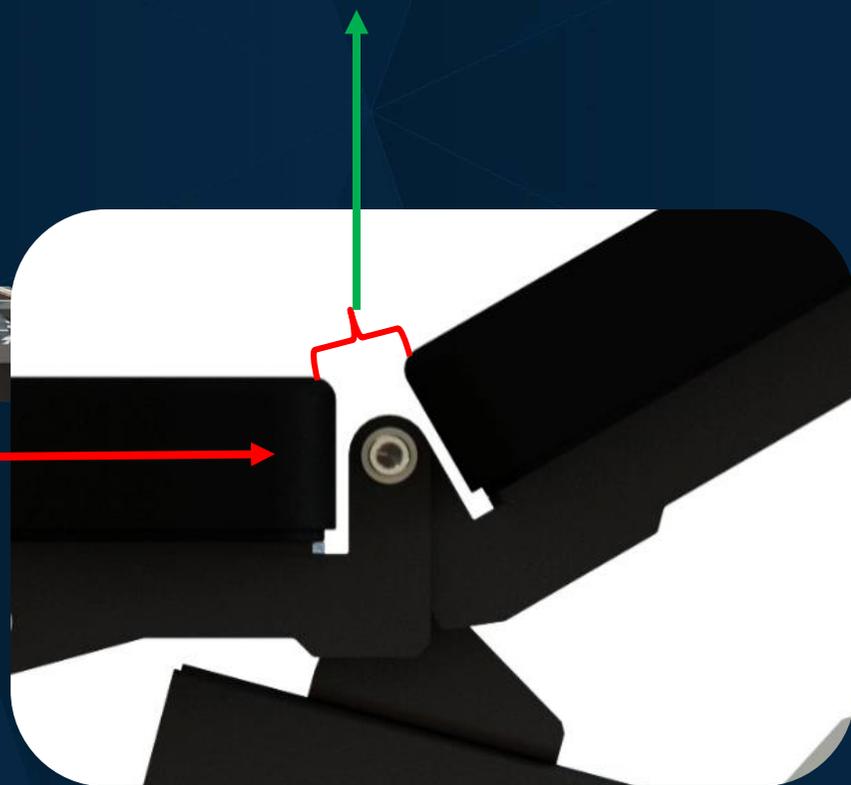
Detail structure



It's easy to see the angle adjustment by using Stainless steel angle plate.



The special steering structure minimizes the distance between cushions adjustment process



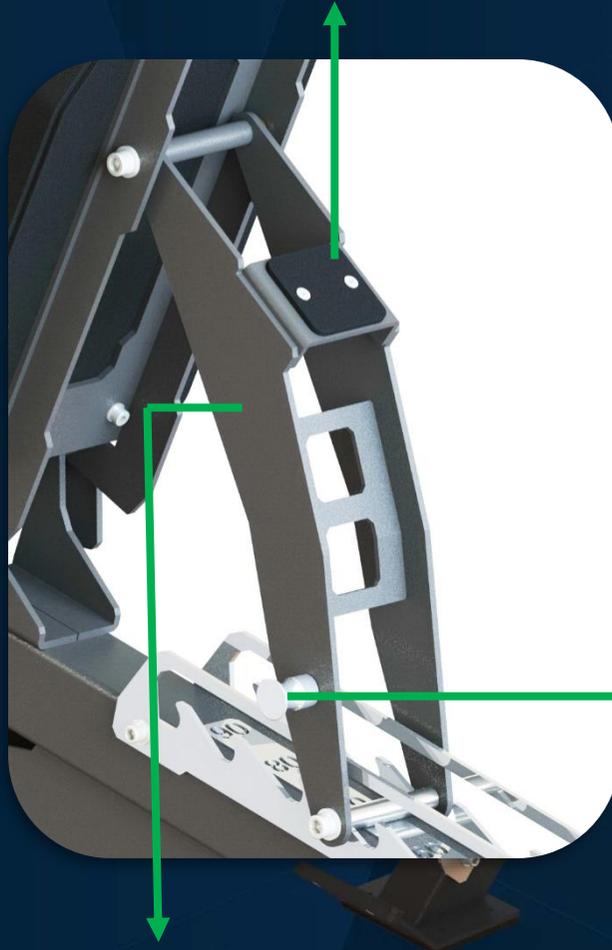
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Detail structure

Unique Support Frame Force Point automatic displacement mechanism is more safe as cushion adjustment to the flat to achieve double-point force.



δ 6 Laser-cut steel plate welded backrest pad adjusting frame is more safe due to the double support.

More comfortable aluminum alloy grip



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Detail structure

More comfortable aluminum alloy grip.



The horizontal grip instead of the traditional vertical grip can avoid tendon sheath injury.

Larger Rubber Floor Mat can increase the buffering force. It's more comfortable and safe.



Ø 6 Laser-cut steel plate welded backrest pad adjusting frame is more safe due to double support.

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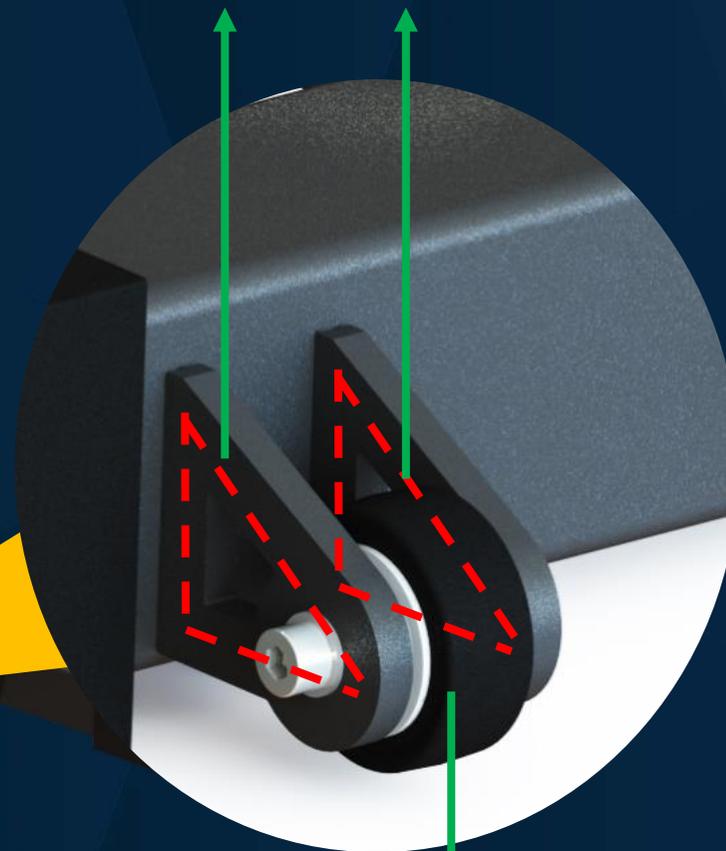
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Easy to move the bench



Triangular structure is more stable to drive.



The mobile wheel with roller bearing
More convenient and relaxed.