

FRENCH FITNESS

FF-HTB20

FRENCH FITNESS FF-HTB20 HIP
THRUST BENCH PLATFORM

ASSEMBLY MANUAL



FEATURES

- Includes 6 movable Band Pegs to use with Resistance Bands, to accommodate for different positions
- Lateral Adjustments: 4 Positions to adjust (Using a wrench) to account for users of different heights
- Height Adjustment: Fixed
- Steel tube material is used to ensure durability
- An electrostatic powder coat finish is applied to every frame to ensure maximum adhesion and durability
- The molded foam used in contoured cushions provides exceptional comfort
- Bolt-together design
- 19-inch anti-slip foot plate
- Comfortable, padded back pad with vinyl cover
- 2 wheels and a handle for easy transportation and storage
- California Residents see Prop 65 WARNINGS

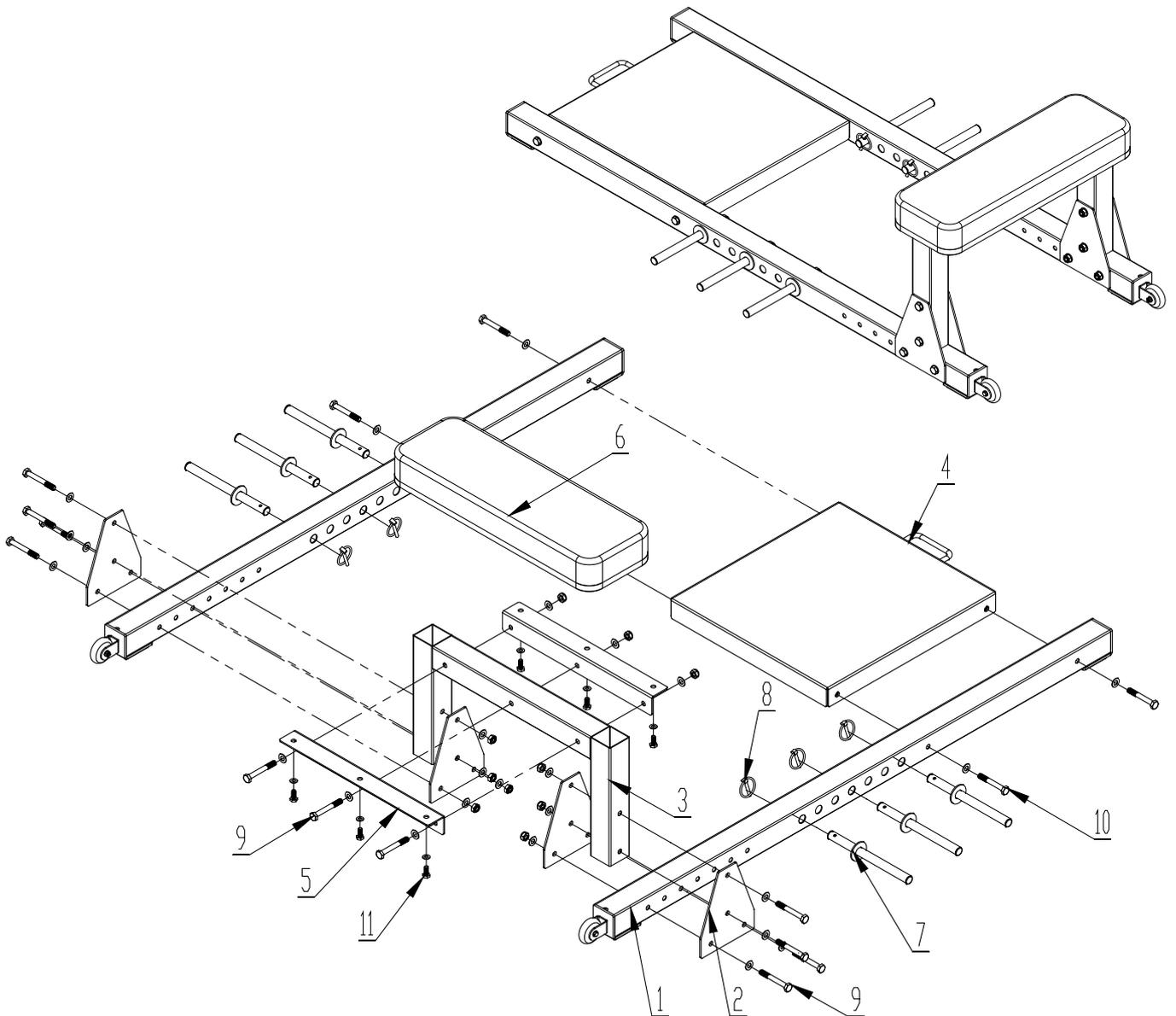
TECH SPECS

- 14 Gauge Steel
- Steel Tubing: 60 mm x 60 mm x 2 mm
- Max Weight Capacity: 880 lbs (400 kg)
- Dimensions: 62"L x 35"W x 18"H (L:157.5cm, W:90cm, H:46cm)
- Weight: 77lbs (34.9kg)

WARRANTY

10 Years Parts, 1 Year Labor (Commercial)

ASSEMBLY GUIDE



ITEM NO.	DESCRIPTION	Q' TY
1	FOOT TUBE	2
2	CONNECT PATE	4
3	MAIN FRAME	1
4	FOOT BOARD	1
5	CONNECT FOR BACK REAST	2
6	BACK REAST	1
7	BEND PEGS	6
8	SAFETY PIN	6
9	HEX BOLT M10*80 + 2 WASHERS + LOCK NUT	11
10	HEX BOLT M10*75 + 2 WASHERS + LOCK NUT	4
11	HEX BOLT M8*20 + WASHER	6