



## Excite+ VisioWEB

VisioWEB is the innovative Internet Digital Platform that transforms your guest's cardio training into a new, connected, empowered and inspiring wellness experience.



### Features

- Crystal clear 19" touch screen display for Run 700 and 15" touch screen displays for all other cardio
- Intuitive home screen offers fast access to Quick Start and other facility-defined frequently used cardio programs
- Customizable display allows users to select the training and entertainment data that appears on the screen by pushing arrows located in the 4 corners of the screen
- The only web-browsing capable cardio interface available on the market
- Guide Me area of the display includes visual education videos on equipment instruction, training benefits of the chosen equipment, cardio programs and Visio navigation
- Games area features 6 brain-training games to increase training entertainment; games include Mah-Jong, TG Pairs, TG Cards, Backgammon, TG Math, Four-in-a-Row
- Full screen iPod navigation and content viewing of movies, music, pictures and podcasts, one-hand docking station recharges iPod while training
- iPod docking station compatible with Nike+Gym software for downloading and tracking workout data through the Nike+ Website
- USB port offers full screen viewing of USB entertainment files:mp3, wma, wav, wmv, MPEG2, MPEG4, DivX, jpg
- VISIOWEB showcases up to 199 channels
- Zoom button enlarges training data for a simplified screen layout and simple visibility
- 13 languages can be set as user-defined or facility defined
- HD Ready and C Safe compatible
- IPTV compatible for the highest quality digital signal and enables facilities to manage all entertainment content (TV, internet) through one central feed
- 23 programs (Quick Start, Goals, CHR, 6 Profiles, Custom, Training Zone, Weight Loss) plus sub-maximal fitness test



## Excite+ RUN Now 700 VisioWEB Ipod + USB

Run NOW is state-of-the-art in treadmill technology and design. It combines superior performance, durability, extensive program options and Italian style with human-centric features that put the users at the center of their training experience.

### Features

- 6 horsepower peak AC brushless motor provides speed range from 0.25 mph to 14.3 mph in 0.1mph increments
- Incline gradient adjusts from 0 to 15% in 0.5% increments.
- Running surface 1520mm long x 520mm wide for comfortable running area.
- 25mm thick MDF deck with 3mm thick low friction phenolic resin sheet does not require flipping or waxing to maintain low friction performance.
- Belt is an inter-laced weave polyester with dry lubricant integrated into the material.
- 90mm diameter precision polished and crowned rollers with sealed bearings ensure smooth belt movement and reduced noise.
- Top of side rails are over-molded with a soft touch material to make them comfortable to hold.



- Contact heart rate sensors positioned on the front cross handle for use when walking.
- Fast Track Control joysticks located on handlebars allow speed and incline adjustment without modifying the training position.
- Runner detection system turns off belt when a runner leaves the treadmill for more than 30 seconds.
- inMotion feature lights up the end of the side rail with a red light when the belt is in motion for added safety
- Central emergency stop button is easily accessible and quickly brings the belt to a stop when pushed.
- Integrated reading rack, water bottle holder and accessory tray are conveniently positioned alongside the display.
- Water bottle holder is open so it does not collect dust and moisture thereby reducing clean up requirements.
- Running belt is clearly marked with color contrasting graphics to help the user identify when the belt is in motion.
- Integrated adjustable angle fan improves training comfort.

#### **Programs and Heart Rate Monitoring**

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- 23 programs (Quick Start, Goals, CHR, 6 Profiles, Custom, Training Zone, Weight Loss)
- Heart rate monitoring via contact hand sensors and telemetry (Polar compatible)

## **Excite+ Synchro 700 VisioWEB Ipod + USB**

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Excite Synchro offers a non-impact, extremely smooth and user-centric elliptical training experience.

#### **Features**

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- Single Stage Poly V Driving Belt maintains belt tension and electromagnetic resistance system reduces friction on the belt, resulting in a smooth and quiet movement
- Parallelogram system articulated by self-lubricated bearings drives the movement and reduces wear components and maintenance requirements
- Easy handling with two disengaged wheels incorporated in the back platform and pivoting wheel in the front platform
- Moving parts and mechanical arms are guarded by shields; a one inch allowance between shields and moving parts -reduces injury risk
- Fast Track Control resistance adjustment buttons are positioned on the moving arms for convenient adjustment
- Double contact heart rate sensors positioned for use on both the console handles and moving arms
- Reading rack and water bottle holder are integrated into the design for user convenience
- Resistance levels from 1 to 25 provide up to 500 watts resistance at 120 rpm.
- 455mm stride length accommodates taller users
- 65mm distance between pedals accommodates shorter users, while wide pedals allow taller users to position feet farther apart on the pedals to find the right fit
- Rear drive trajectory reduces numbness by keeping heels in touch with foot plates throughout the entire range of motion



#### **Programs and Heart Rate Monitoring**

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- 23 programs (Quick Start, Goals, CHR, 6 Profiles, Custom, Training Zone, Weight Loss) plus sub-maximal fitness test
- Heart rate monitoring via contact hand sensors and telemetry (Polar compatible)

## **Excite+ Bike 700 VisioWEB Ipod + USB**

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*BIKE replicates the sensation of riding a real road bike. The biomechanics and ergonomic design offer a variety of positions to improve rider comfort and accessibility as well as performance.*

#### **Features**

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- Three distinct exercise positions. Upright, Traditional, and Triathlon positions.
- Comfortable, padded elbow pads facilitate triathlon position
- Contact heart rate sensors positioned for use in both the upright and traditional hand positions.
- Fast Track Control resistance adjustment buttons are positioned on the handlebars for convenient adjustment
- Low 341mm step over height for easy access
- Saddle includes gel inserts and contoured comfort groove to maximize comfort
- Seat height adjusts in ½” increments with 27 seat height positions to perfectly accommodate a large range of user sizes.
- Seat is adjustable from the exercise position with the release mechanism integrated into the back of the saddle. The adjustment release always maintains the same relationship to the user regardless of seat height.
- Safety built into the seat release so the seat locking mechanism will not disengage if there is a downward force on the seat.
- Ratchet pedal strap easily locks foot in place for secure exercise.
- When not in use, pedals hang at 10 degree angle so they are in optimal position for easy entry from the seated position
- Reading rack and water bottle holder are integrated into the design for user convenience.
- Resistance levels from 1 to 25 provide up to 500 watts resistance at 70 rpm.
- No contact eddy current brake resistance system.
- Belt drive for maximum smoothness and minimal noise and maintenance.

### Programs and Heart Rate Monitoring

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- 23 programs (Quick Start, Goals, CHR, 6 Profiles, Custom, Training Zone, Weight Loss) plus sub-maximal fitness test
- Heart rate monitoring via contact hand sensors and telemetry (Polar compatible)

## Dual Adjustable Pulley Powered (200 Kg)

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### Key Features:

- Single hand adjustment system for effortless setup
- On/off PowerMode system allows users to train at higher speeds
- Ergonomic multi-angle grip options for chin-up variations
- Integrated step for easy chin-up access
- Built-in accessory holder buckets



## Element+ Chest Press

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### Key Features:

- All adjustments reachable from seated position
- Independent movement arms result in a more balanced training effect
- Converging arc of movement provides a feeling similar to training with dumbbells
- Rotary adjustment on handles to allow for varying arm lengths



## Element+ Adjustable Bench

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### Key Features:

- Adjusts workout angle to accommodate a variety of exercise needs
- Offers proper support during free weight and plate loaded exercises

