

# Q35 OPERATIONS MANUAL

Thank you for choosing an Octane Fitness<sup>®</sup> elliptical cross trainer and congratulations on fueling your exercise program. The team at Octane Fitness is totally focused on creating the best elliptical products in the world so that you will have a tremendous workout experience. We wish you great success in using your new cross trainer to achieve your workout goals and Fuel Your Life<sup>™</sup>!

Your new Octane Fitness elliptical has a wide variety of features that will help you to stay motivated and reach your fitness goals. Please read this manual thoroughly to become acquainted with your product; it includes important information on operation and maintenance.

Octane Fitness distributes products only through authorized specialty fitness dealers. These dealers are experts in all aspects of the fitness experience and are trained to assist you with any questions you may have about your Octane Fitness product. However, if you would like to speak directly to an Octane Fitness customer service specialist, please do not hesitate to call us at 888.0CTANE4 or visit our web site at www.octanefitness.com.

#### **Octane Fitness**

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Fueled,

Dennis Lee President



### IMPORTANT SAFETY INSTRUCTIONS

### Please Read and Save These Instructions

**WARNING!** Before beginning this or any exercise program, consult your physician. This is especially important for persons over 35 or persons with pre-existing health conditions. If at any time during exercise you experience chest pains, nausea, dizziness, or shortness of breath, stop exercising immediately and consult your physician before starting again.

Read this Operations Manual before operating this elliptical cross trainer.

**WARNING!** When using an electrical product, basic precautions should always be followed.

To reduce the risk of burns, fire, electrical shock or injury to people:

- Use this exercise product for its intended use as described in this Operations Manual. **Do not** modify the product in any way.
- **Do not** remove the plastic shrouds from the machine. Service should be performed only by an authorized Octane Fitness service representative. Moving parts contained under the shrouds can be extremely dangerous when not covered.
- **Never** operate this elliptical cross trainer if it has a damaged cord or plug. If your machine is not working properly, contact your local dealer or Octane Fitness for repair.
- Keep the cord away from heated surfaces.
- Do not use outdoors.
- Use only the power cord provided with your Octane Fitness elliptical cross trainer.
- **Never** place the power cord under carpeting or place any object on top of the power cord which may pinch and/or damage it.
- Unplug your Octane Fitness elliptical cross trainer before moving it.

## **OTHER IMPORTANT SAFETY PRECAUTIONS**

- Place the elliptical cross trainer on a level surface with at least two feet of clearance behind the pedal at its furthest back position.
- To protect the floor or carpet from damage, place a mat under your elliptical cross trainer.
- Keep children off the elliptical cross trainer at all times.
- When the elliptical cross trainer is in use, children and pets should be kept clear of the area.
- Wear appropriate exercise clothing and shoes for your workout; do not wear loose clothing.
- Use care when getting on or off the Octane Fitness elliptical cross trainer. Never step on or off the unit while the foot pedals are still moving.
- Always face forward. Never attempt to turn around on the Octane Fitness elliptical cross trainer.
- Do not sit, stand, or climb on the front plastic shroud, electronic console, or stationary handlebars.
- Keep your hands and feet clear of any opening or moving parts.
- Never insert or drop any object into any opening.
- Do not overexert yourself or work to exhaustion.
- If during your workout you feel any chest pain, nausea, dizziness, or abnormal symptoms, stop your workout immediately and consult your physician.
- Wipe down external surfaces of your cross trainer after use to remove sweat and dust.
- Monitor and check your Octane Fitness elliptical cross trainer on a regular basis. Refer to the Cleaning and Maintenance section of this manual for more information about the care of your Octane elliptical cross trainer.
- Inspect all parts of the elliptical cross trainer regularly. If service is required, contact your local dealer or Octane Fitness Customer Service for assistance.
- Take caution in moving your Octane Fitness elliptical cross trainer. Your elliptical weighs over 260 lbs. Use proper lifting techniques and/or get assistance when moving your product.

Product Dimensions:	1602mm x 686mm x 1727mm (63in x 27in x 68in)	This equipment complies where applicable with:				
Product Weight Max User Weight	255 lbs. (116 Kg) 300 pounds (136 Kg)	73/23/EEC 89/36/EEC	Low Voltage Directive Electromagnetic Compatibility (EN61000)			
Power Supply/Electrical S Input Rating Frequency	<u>Specifications:</u> 100-240~0.4A 50-60Hz	2002/95/EC	Restriction of Hazardous Substances (RoHS) Directive			
Output Rating	+9V <del></del> 1.5A	2002/96/EC	WEEE Directive			
Output Ripple	90mV	EN957-9	Stationary training equipment			
Output Current	1.5A Max	EN957-1:1997	Stationary training equipment			
Safety	UL/CUL, TUV, PSE, CE, C-Tick, 3C, B- Mark	EN60335-1:2002	Household and similar electrical appliances - Safety			
		GPS	General Product Safety Regulations 2005			



## NOTES



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# ELECTRONICS

### **Q35 CONSOLE**

Welcome to some of the best electronics available in the fitness industry! Octane Fitness' DedicatedLogic<sup>™</sup> programming was created to give you the ultimate in ease of use and total flexibility for programming your console. This allows you to modify your workout once you've started. You can even start your workout, then program the electronics. This ease of use starts by giving each key only one function. This makes it easy to understand how each key works.

Console Buttons	
Quick Start	The easiest way for you to start your workout is to simply push the Quick Start button, setting the machine in a manual program at resistance level one. The calories readout will be based on a 150 lb. (68 kg) user. Once you have selected Quick Start, you can program any item in any order.
Pause/Clear	Press once to pause your workout. The standard pause time is 5 minutes. To restart a paused workout, push any key or just begin pedaling. If you stop pedaling during a workout, the unit will automatically begin a 5-minute pause. Simply start pedaling to resume your workout.
	Press the Pause/Clear button twice within two seconds, and your machine is reset and ready for another workout. Press and hold the Pause/Clear button until you hear the beep to enter sleep mode, a virtual off mode. The matrix display reads "UNFUELING", and just one LED in the X-Mode window remains lit. Your elliptical requires very little power in this mode. To "wake" your elliptical, simply press any button or begin pedaling.
X-Mode	X-Mode is a great way to take advantage of the variety your elliptical cross trainer offers. Press the X-Mode button within any program, and one to four randomly- generated X-Mode LED combinations will light up, coaching you to use a specific combination of body position and movement to generate a total-body workout. Each X-Mode session lasts for one minute with a two-minute "regular" program routine in between. The Q35 offers four different X-Mode options: Reverse, Pull Arms, Squat, and Pull Arms. To deactivate X-Mode, simply press the X-Mode button a second time.

#### **Up and Down Keys Program** (+ and –) Toggles through programs. Program changes can be made any time during your workout. Level (+ and –) Increases or decreases the resistance level of the machine. There are 20 levels of resistance, with 1 being the easiest and 20 being the most difficult. Weight (+ and –) Increases or decreases the user's entered weight. This value is used to give a more accurate calorie burn readout. Weight is displayed in pounds (English) or kilograms (metric). To switch from one unit to the other, To switch from English to metric or metric to English, hold down the Level +/- keys for five seconds, then press + or - to toggle to your selection, and press Enter. Then, press any + or - key and press Enter again to exit the set-up function. **Note:** The "units" setting applies to both weight and distance (see page 14) If your machine is set to English, your weight entry is in pounds and the distance is displayed in miles. If your machine is set to metric, your weight entry is in kilograms and the distance is displayed in kilometers. Enter Selects any of the changed values or items from the above keys. Also, pressing the Enter key during any workout will stop the LED readout windows from toggling between display modes.

**Note:** There is no need to turn off your elliptical machine; your Q35 was designed with an intelligent sleep mode, a virtual off button. This eliminates the need for an on/off switch. To enter sleep mode, press and hold the Pause/Clear button until you hear the beep. The matrix display reads "UNFUELING", and just one LED in the X-Mode window remains lit. Your elliptical requires very little power in this mode. To "wake" your elliptical, simply press any button or begin pedaling.

### PROGRAMS AND FEATURES

#### Q35 Console



Preset Resistance Programs

Manual — Random — Interval — Hill — Beginner



The Manual program simulates walking or jogging on a flat surface. The resistance stays constant for the entire workout, unless changed by the user by pressing Level +/-. The resistance can be changed any time during the workout.

#### Level -

### Manual

Random



The Random program has a virtually infinite number of different combinations. The computer randomly generates a new course each time you select the random program or change the program level, giving you different levels of resistance. Each column on the display lasts for 1 minute.



#### Interval



The Interval program alternates between two different levels of resistance. Each level is independently adjustable, so you can customize the amount of change between the two intervals. All intervals have a two-minute duration. When you begin the program, "1ST INTERVAL" scrolls across the matrix display and the resistance level for this interval is shown in the "Level" window. The standard level for the first interval is "1". Use Level +/- while "1ST INTERVAL" is scrolling across the matrix display to set your desired first interval resistance level. After several seconds, "2ND INTERVAL" scrolls across the matrix display and the resistance level for the second interval is shown in the "Level" window. The standard level for the second interval is "4". Use Level + /- while "2ND INTERVAL" is scrolling across the matrix display to set your desired second interval resistance level. Once you are pedaling and your warm-up is complete, you can increase or decrease the level of the current interval (1st or 2nd) at any time by pressing the Level +/- buttons. The value of the other interval does not change. The value you enter changes only the current interval (1st or 2nd) for the entire remaining workout, or until you change it again. Each column on the display lasts for 1 minute.

# *Tip:* You will see no change in the resistance level indicator unless your "1ST INTERVAL" and "2ND INTERVAL" values are four or more levels apart.







The Hill program simulates walking or jogging up a big hill. The resistance increases and the climb level will get more difficult the closer you get to the top. Increasing or decreasing the resistance level changes all plateaus and hills for the entire program. The resistance change between the plateaus is computer controlled. Each hill lasts for two minutes, with a 30-second recovery session at lower resistance between hills. (Each column on the display lasts for 30 seconds.) After you climb the highest hill, you have a 30-second recovery session before the sequence begins again with the lowest hill. These recovery sessions give your body a quick break, allowing you to take in more oxygen and letting your muscles take a break while your heart continues to beat at a higher pace. This approach lets you hit higher resistance levels for shorter periods, giving you an interesting workout as you build strength and endurance.



#### Beginner



The Beginner program is a great routine for beginners or people just getting back into their workouts. This program is designed to carry you through 14 workouts, one per day, gradually increasing intensity each day. Each day's workout includes a preset value for time, resistance level, and a recommended speed (RPM). Use Level +/- to select the day, and the preset values outlined in the chart below. Once you have entered the program level, the preset values will be displayed in the corresponding windows. The preset values can be changed during the workout.

Program Day (Level)	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Resistance Level	1	1	1	2	2	2	3	3	3	4	4	4	4	5
Time	10	10	11	11	12	13	14	15	16	17	18	19	19	20
RPMs	30	35	35	35	35	35	35	40	40	40	40	40	45	45

Combination of resistance level, time, and recommended speed (RPM) - see chart for details

Level

#### Workload Resistance

#### **Resistance Level**

Octane Fitness Q35 has 20 discrete levels of resistance. Level 1 is the easiest and level 20 is the most difficult. The Manual program and Quick Start allow the user the ability to totally control the resistance level. The Interval Program allows the user to select the resistance level for individual intervals.

The resistance level is represented by rows in the matrix display. Because of the size of this display, each row that is lit represents four (4) resistance levels. The table below will help you understand and interpret the matrix display:

<b>Resistance Levels</b>	Number of LED Rows Lit
1 - 4	1
5 - 8	2
9 - 12	3
13 - 16	4
17 - 20	5

**Program Level** The Octane Fitness Random and Hill programs allow the user to select an overall resistance level for the program. This level is the average resistance level for the workout. The resistance levels achieved during these workouts are plus (+) or minus (-) 5 of the entered program level (i.e. If the selected program level = 6, minimum resistance = 1, and maximum resistance level = 11. During the workout, the resistance level is displayed. If the Level is changed during the workout, the program level is also changed.

## LED Readout Windows



Time	Displays workout time, counting up from 0:00. The maximum time is 99:00, then the display rolls over to 0:00.
Distance	Displays an estimate of how far you have traveled. Distance can be shown in either miles (English) or kilometers (metric). Pedaling approximately 50 revolutions per minute (rpm), it will take nine minutes to reach one mile. When you first purchase your elliptical, the display will be in English. To switch from English to metric or metric to English, hold down the Level +/– keys for five seconds, then press + or - to toggle to your selection, and press Enter. Then, press any + or - key and press Enter again to exit the set-up function.
	<b>Note:</b> The "units" setting applies to both distance and weight (see page 9). If your machine is set to English, the distance is displayed in miles and your weight entry is in pounds. If your machine is set to metric, the distance is displayed in kilometers and your weight entry is in kilograms.
Speed	Displays how fast you are going. Speed is displayed in revolutions per minute (rpm).
Calories	Displays an estimate of the total calories burned during your workout. Calories are based on the user's entered weight. If you do not enter a specific weight, calories are based on a 150 lb. (68 kg) user.
Calories/Hour	Displays the number of calories that would be burned in one hour at the current resistance level and speed.
Level	Displays the resistance level (1-20), where 1 is the easiest resistance level and 20 is the most difficult.

### X - M o d e



Using X-Mode is like having a personal trainer coaching you. It is a great way to take advantage of the variety your elliptical cross trainer offers, and is a great motivational tool that keeps your workout fresh and exciting. The X-Mode feature works in any program; simply push the button to activate. X-Mode offers four different challenges: Push-Arms, Reverse, Squat, and Pull-Arms.

Push-Arms	Focus on pushing with your arms to work your chest and triceps.
Reverse	Pedal backwards to change the muscle focus on your entire lower body.
Squat	Bend slightly at the knees. You'll feel this one in your quadriceps and glutes in no time!
Pull-Arms	Focus on pulling with your arms to work your biceps and lats.

When X-Mode is active, one to four X-Mode LED combinations will light up, coaching you to use a specific combination of body position and movement to generate a total-body workout. The light sequence is randomly generated so you never know what is coming next.

To activate X-Mode, simply push the X-Mode button while in any program. To turn X-Mode off, push the button again. Each X-Mode session lasts for one minute. Once you complete the session, you have a two minute period where you do your normal elliptical routine (according to the program you are using). After this two minute period, you will automatically get your next X-Mode routine. Good luck!

# SMART EXERCISE TIPS

Be sure to consult your doctor before beginning any exercise program.

Books, videotapes, the Internet, and personal trainers are all great sources of information on exercise programs. Make sure the information comes from a credible source such as The American College of Sports Medicine (ACSM) or The American Council on Exercise (ACE). Visit them on the web at:

- www.acsm.org
- www.acefitness.com

For every good information resource, there is also a gimmick or fad. A simple rule of thumb is that if it sounds too good to be true, then it probably is. The best route to a happier, healthier life is good old-fashioned work—20 minutes or more per day, 3-5 times per week. Several key considerations will help you determine the best program for you: **FIT** (frequency, intensity, time), exercise variety and setting goals.

#### FIT

 Frequency
 How often you workout. Three to five times per week is best.

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- Intensity Whatever your exercise goals, you need to exercise at the right intensity level. If you don't exercise hard enough, you won't get the results you want. Exercise too hard and you could experience unnecessary pain and risk injury, leading you to abandon your exercise routine altogether.
- **Time** Time is the duration of your workout. To achieve the results you are looking for, it is important that you exercise for at least 20 minutes. If you are new to exercise, slowly increase the duration of each workout. A great method is to add one minute to each workout until you reach your desired time. The Beginner program is a perfect solution.
- **Exercise Variety** While Octane offers one of the most versatile exercise machines available, we encourage people to vary their workouts, whether this means choosing a different program or doing a different form of exercise. This will reduce boredom, one of the most common reasons people quit their exercise regimen. Make sure you use all of the features on your Octane elliptical cross trainer. Try a different program. Turn on X-Mode. Watch a different TV show or crank up the music. Remember, variety leads to better workouts. Along with using your Octane elliptical, do different exercises. Take a brisk walk by the lake. Hop on your bike or strap on your inline skates. Climb that hill or cruise through the trails on your cross-country skis. Ride an exercise bike, jog on a treadmill or climb those dreaded stairs. A little variety can take you a long way.

# **Setting Goals** Another key to a successful exercise program is setting attainable goals. Goals can be big or small. We recommend smaller goals so you see progress. Here are a few examples:

- Lose one pound per week
- Cut out sweets
- Workout four days/week
- Increase the length of your workout one minute each session until you hit 45 minutes/workout

Once you set your goals, make sure you write them down and make them visible. Tape them to your bathroom mirror, on your refrigerator, or on your computer monitor. Don't lose sight of your goals. Whatever your goals are, make them realistic so you can reach them and experience progress. Celebrate success, then move on to the next goal.

# STARTING YOUR WORKOUT

- **WARM-UP** Start your workout at a lower speed and intensity for three to five minutes. This allows the blood to flow throughout the body and raise muscle temperature. You can walk, pedal, bike or use your elliptical cross trainer for your warm-up.
- **MOUNTING THE PRODUCT** The low step-up height of the Octane Fitness cross trainer makes it easy to get on and off the product. You can step on the machine from the rear or from the right or left side. Grasp either the moving or stationary handlebars for balance. Step carefully onto the lowest pedal, and remember that the pedal may move as you step on. You're ready to go!
- **PROGRAMMING** The DedicatedLogic programming was designed to give you the most flexibility in programming the machine. There are two easy ways to start:
  - Use QuickStart to immediately begin the Manual program;
  - Start with the Program (+/-) buttons and work your way across the keypad as you enter your selections and data. You can also use the console keys to change programs and settings after you have started pedaling.

For a more detailed look at the electronics, turn to page 8.

- **WORKOUTS** Your product has five pre-programmed workouts. We encourage you to try all of them and mix up your routine. Remember, boredom can destroy an exercise program. Your Octane Fitness elliptical cross trainer is just that—a cross trainer—so change it up! Go forward, backward, fast, slow, push, pull, total-body, and lower body only; or, turn on X-Mode and let the computer run you through your workout.
- **COOL DOWN** In addition to warming up your body before exercise, you should perform a proper cool-down when you are finished. Simply decrease your speed and press the Level (-) button to decrease the resistance level of the machine, allowing your body to slow down gradually as you end your workout.
- **STRETCHING** Stretching is a critical part of any exercise routine and should not be overlooked. Best performed after your workout when your muscles are warm, proper stretching promotes flexibility and can reduce the risk of injury. Well-stretched muscles, tendons, and ligaments can make exercise and recovery much more enjoyable. Stretching can help reduce stress. You will feel the benefits of a properly stretched body throughout your entire day.

The first thing to know about stretching is to perform slow, controlled movements; no bouncing! You should feel tension, but not pain. Once you start to feel the stretch hold that position for 10-30 seconds. Breathe deeply, and after holding the position, release for five seconds, then return for another 20 seconds. A proper stretching routine will take 10-15 minutes but will benefit you 24 hours a day.

Remember:

- Stretch slowly
- Hold for 10-30 seconds
- Stop at a comfortable tension, not pain
- Breathe deeply

# **CLEANING & MAINTENANCE**

**WARNING!** Machine contains moving parts. Take caution when trying to locate and fix any problem with the machine.

Your Octane Fitness elliptical has been manufactured to withstand many hours of hard use with minimal required maintenance. The only thing you will have to do is keep the machine clean.

Wipe the machine down after a hard workout to remove any sweat and keep the machine clean. From time to time you may need to also clean the chrome rails and wheel assemblies. Simply lift up the pedal levers and wipe down the rails with a clean, dry cloth or paper towel.

# DO NOT USE ANY CLEANERS ON THE CHROME RAILS. DO NOT USE WD-40 OR ANY TYPE OF SILICONE SPRAY - IF USED IT CAN CREATE AN INCREASE IN WHEEL NOISE.



#### **PERSONAL RECORD KEEPING**

**Tip:** It is a great idea to write down the serial numbers of your Octane Fitness elliptical in this Operations Manual for convenience and easy accessibility to the serial numbers should you have any service needs with your Octane Fitness elliptical.

ATTENTION - All serial numbers begin with a letter.

Base Serial Number – located below front right chrome rail

Console Serial Number – located on the bottom edge of the console

# TROUBLESHOOTING/ FAQs

#### **Electronic Issues**

Unit doesn't power up	<ul> <li>Is the unit plugged in? Check the connection of the power cord from the machine to the wall outlet.</li> <li>Is there power from the wall? Plug a lamp or radio into the outlet to see if the wall outlet has power. Does a light switch control the outlet? If so, turn it on.</li> <li>Does the light on the power supply light up?</li> <li>If the issue persists, contact your local dealer for service.</li> </ul>
Console displays an "Err" code	• An error code indicates a potential faulty or improperly installed component in your elliptical cross trainer. Contact your local dealer for service.
Don't feel a resistance change	<ul> <li>Increase resistance level to 20 and pedal for 30 seconds. If you feel a difference in the resistance, then the brake is working properly.</li> <li>Are the cables connected correctly? Unplug and re-connect the console (you must remove the console from the console mast to do this). When re-connecting the cables, make sure you feel the connector snap into place or hear a click that indicates a proper connection.</li> <li>If the issue persists, contact your local dealer for service.</li> </ul>
Console blinks on / off	<ul> <li>Check the power cord connections. Make sure the connections are secure from the transformer into the machine base and also the wall outlet.</li> <li>The console connection could potentially be faulty. Unplug and re-connect the console (you must remove the console from the console mast to do this). When re-connecting the cables, make sure you feel the connector snap into place or hear a click that indicates a proper connection.</li> <li>If the issue persists, contact your local dealer for service.</li> </ul>
Machine enters pause mode after a short period	<ul> <li>This is most likely a speed sensor issue; contact your local dealer for service.</li> </ul>
LED lights are always on	<ul> <li>Press and hold the Pause/Clear button for five seconds to enter sleep mode.</li> </ul>
LED always toggling	Press the Enter button to stop the LED screen from toggling.

#### **Mechanical Issues**

Machine makes rubbing/ scrubbing noise from roller wheels under pedals	<ul> <li>Clean the chrome rails with a dry cloth or clean paper towel.</li> <li>You may lubricate the rails with white lithium grease. (Contact Octane Fitness Customer Service if you need assistance in getting the right type of grease.) Apply a very thin coat of grease to the rails <i>only</i> (not the wheels). Wipe off all excess grease with a clean cloth. You should not be able to see the grease, but should still be able to feel it. (DO NOT LEAVE A HEAVY COAT OF GREASE ON THE RAILS.)</li> <li>Clean wheels with a dry cloth or clean paper towel.</li> <li>DO NOT USE WD-40 or silicone spray on the rails.</li> <li>If noise persists, contact your local dealer for service.</li> </ul>
Pedal feels like it is thumping	<ul> <li>Clean wheels and chrome rails with a dry cloth or clean paper towel.</li> <li>If problem persists, contact your local dealer for service.</li> </ul>
Pedal wobbles and will not track correctly on chrome rails	Contact your local dealer for service.
Machine wobbles and is unstable on the floor	<ul> <li>The adjustable levelers may not be properly set on the machine. There are four adjustable levelers, located on the bottom of the Octane Fitness elliptical. See assembly instructions to correctly adjust the levelers.</li> <li>If your machine is located on a soft surface such as carpet, purchase a heavy duty floor mat from your local dealer to place under your machine.</li> </ul>
Machine makes ticking/ clunking noise.	Contact your local dealer for service.

# **LIMITED CONSUMER WARRANTY**

## **Q35**

#### NOTE: WARRANTY OUTSIDE OF THE UNITED STATES AND CANADA MAY VARY. THE SERVICE SECTION OF OUR WEBSITE AT WWW.OCTANEFITNESS.COM CONTAINS ADDITIONAL COUNTRY-SPECIFIC WARRANTY INFORMATION/LIMITATIONS WHICH MAY ALTER OR AMEND THE FOLLOWING LIMITED WARRANTY PROVISIONS. PLEASE VISIT THIS WEBSITE TO DETERMINE SUCH WARRANTY PROVISIONS WITHIN YOUR COUNTRY OF RESIDENCE IF YOU RESIDE IN A COUNTRY OTHER THAN THE UNITED STATES OR CANADA.

By purchasing this Octane Fitness® Product, You accept all of these terms and conditions.

**Warranty registration:** You must register your product with Octane Fitness, LLC ("We" or "Us"). You can register by completing and returning to Octane Fitness the enclosed Warranty Registration Card or register via our web site at www.octanefitness.com.

What is covered: The Octane Fitness Q35 elliptical (product) is warranted to be free of all defects in material and workmanship.

**Who is covered:** The original owner of the product or the person the warranty has been transferred to under Octane Fitness transferable warranty program.

What is a transferable warranty: As the original owner, Octane Fitness allows you to transfer the warranty of your product to an individual of your choosing who purchases or is given the product. By filling out a warranty transfer card and sending it to Octane Fitness, the warranty will be transferred. A warranty transfer card is included in the Operations Manual or by calling customer service at 888.0CTANE4. The transferable warranty is not valid to or from commercial settings. The warranty can only be transferred one time.

How long the product is covered: Octane Fitness offers lifetime warranty on the frame of the product. All parts are warranted for three (3) years from original date of purchase. Labor is covered for one (1) year from original date of purchase. Warranty outside of the United States and Canada may vary. Please visit <u>www.octanefitness.com/warranty</u> for further information if you reside in a country other than the United States or Canada.

DISCLAIMER OF WARRANTIES: THIS WARRANTY IS YOUR EXCLUSIVE REMEDY. EXCEPT AS SET FORTH HEREIN, WE MAKE NO REPRESENTATIONS OR WARRANTIES REGARDING THE PRODUCT AND WE EXCLUDE AND DISCLAIM, TO THE EXTENT PERMITTED BY APPLICABLE LAW (INCLUDING THE MINNESOTA UNIFORM COMMERCIAL CODE, THE UNIFORM COMMERCIAL CODE OF THE STATE IN WHICH YOU RESIDE, THE SALE OF GOODS ACTS AS ENACTED AND/OR EFFECTIVE WITHIN ANY CANADIAN PROVINCE OR TERRITORY, ANY SIMILAR CIVIL OR COMMERCIAL CODE WITHIN YOUR COUNTRY OF RESIDENCE, AND ANY AMENDMENTS TO ANY OF THE FOREGOING FROM TIME TO TIME), ANY AND ALL IMPLIED WARRANTIES WITH RESPECT TO THE PRODUCT, INCLUDING, WITHOUT LIMITATION, ANY IMPLIED WARRANTY OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, SATISFACTORY QUALITY AND/OR CORRESPONDENCE WITH DESCRIPTION. <u>EXCEPTIONS / LIMITATIONS</u>: In no event shall We be liable to You or any third party for special, indirect, incidental or consequential damages of any kind, whether based on contract, tort or any other legal theory. If a court determines that You are entitled to monetary damages in lieu of the remedies provided herein, Our entire liability shall be limited to the amount actually paid by You for the Product.

To the extent permitted by applicable law, the substantive law and the law of remedies of the State of Minnesota, United States of America shall apply to this Warranty, without reference to its principles of conflicts of law. **PURSUANT TO SECTION 6 OF THE 1980 UNITED NATIONS CONVENTION ON CONTRACTS FOR THE INTERNATIONAL SALE OF GOODS ("CONVENTION"), THE PARTIES HEREBY EXPRESSLY AGREE THAT THE CONVENTION DOES NOT APPLY TO THIS AGREEMENT OR THE RELATIONSHIP BETWEEN THE PARTIES.** All disputes regarding this Warranty and/or the Product shall be resolved in a state or federal court with competent jurisdiction located in Hennepin County, State of Minnesota, United States of America. The English language version of this Warranty shall at all times govern the relationship between the parties notwithstanding the fact that this Warranty may be translated into a language other than English by any party.

This Warranty does not cover normal or remedial maintenance repairs or damages or defects caused or contributed to by accident, improper use of the Product, any cause external to the Product or any occurrence beyond Our control. Any Product misuse, abuse, placement in any application other than in home use or attempt to alter or repair the Product other than by an authorized Octane Fitness® service provider shall void this Warranty.

Any replacement parts provided hereunder are warranted only for the remainder of the Warranty Period set forth above. Except as provided above, this Warranty is non-assignable and non-transferable to any third party and any such attempted assignment or transfer shall be null and void. Our distributors, sales representatives and/or agents are <u>not</u> authorized to modify or expand the scope of this Warranty and any such attempted or purported modification or expansion shall be null and void. Product failure due to users in excess of 300 lbs. is not covered. **This warranty does not extend to products used for commercial applications.** Parts and electronic components reconditioned to As New Condition by Octane Fitness or its vendors may sometimes be supplied as warranty replacement parts and constitute fulfillment of warranty terms. Any warranty replacement parts shall be warranty term.

What you must do: Retain proof of purchase (such as your sales receipt from retailer); operate, and maintain the Product as specified in the Operations Manual; notify your retailer or our Customer Service Department of any defect within ten (10) days after discovery of defect; and as instructed, return any defective part for replacement or, if necessary, the entire product for repair. Octane Fitness reserves the right to determine if the entire machine will be replaced.

**Operations Manual:** It is VERY IMPORTANT THAT ALL USERS READ THE MANUAL before operating the Product. <u>Failure to comply with any use requirements may void this Warranty.</u>

How to get parts and service: Simply call the retailer where you purchased the product or the Octane Fitness Customer Service Department at 888.OCTANE4 and tell them your name and address and the serial numbers for your product. Each product has two serial numbers. The console serial number can be found on the bottom of the console. The base serial number can be found on the rail support plate, below the power cord connection. Please have both serial numbers when you call.

Machine Noise Information Regulation - 3. GPSGV, the highest noise level is 70 dB(A) or less.

# Warranty Transfer Card

As the original owner, Octane Fitness allows you to transfer the balance of the warranty of your product to an individual of your choosing who purchases or is given the product.

By filling out a warranty transfer card and sending it to Octane Fitness with a copy of the original receipt, the warranty will be transferred. Please make two copies of this form and the original receipt one for your records and one for the new owner.

Octane Fitness offers lifetime warranty on the frame of the product. All parts are warranted for three years from original date of purchase. Labor is covered for one year from original date of purchase.

# This form should only be used by the original owner when selling or giving a used product to a new owner.

Please detach form below and send to:

Octane Fitness 9200 Wyoming Avenue North Suite 380 Brooklyn Park, MN 55435 Fax: 763-323-2064

Original Owner	New Owner
Name:	Name:
Address:	Address:
City:	
State: Zip:	State: Zip:
Dealer:	Model:
Base Serial Number	
Console Serial Number	
Date Purchased:	
Original Owner Signature:	Date:
New Owner Signature:	Date:

Date Purchased:
Base Serial Number
Console Serial Number
Store:
Store Phone #:
Salesperson:

## NOTES

## NOTES



## Are you passionate about your workout and the results?

Share your story with others on the Octane Fitness web site. Go to: www.octanefitness.com/testimonials Then click on "Share My Story" and show the world how fueled you are.

# FUEL YOUR LIFE™



9200 Wyoming Avenue North. Suite 380 Brooklyn Park, MN 55435 888.0CTANE4

www.octanefitness.com

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