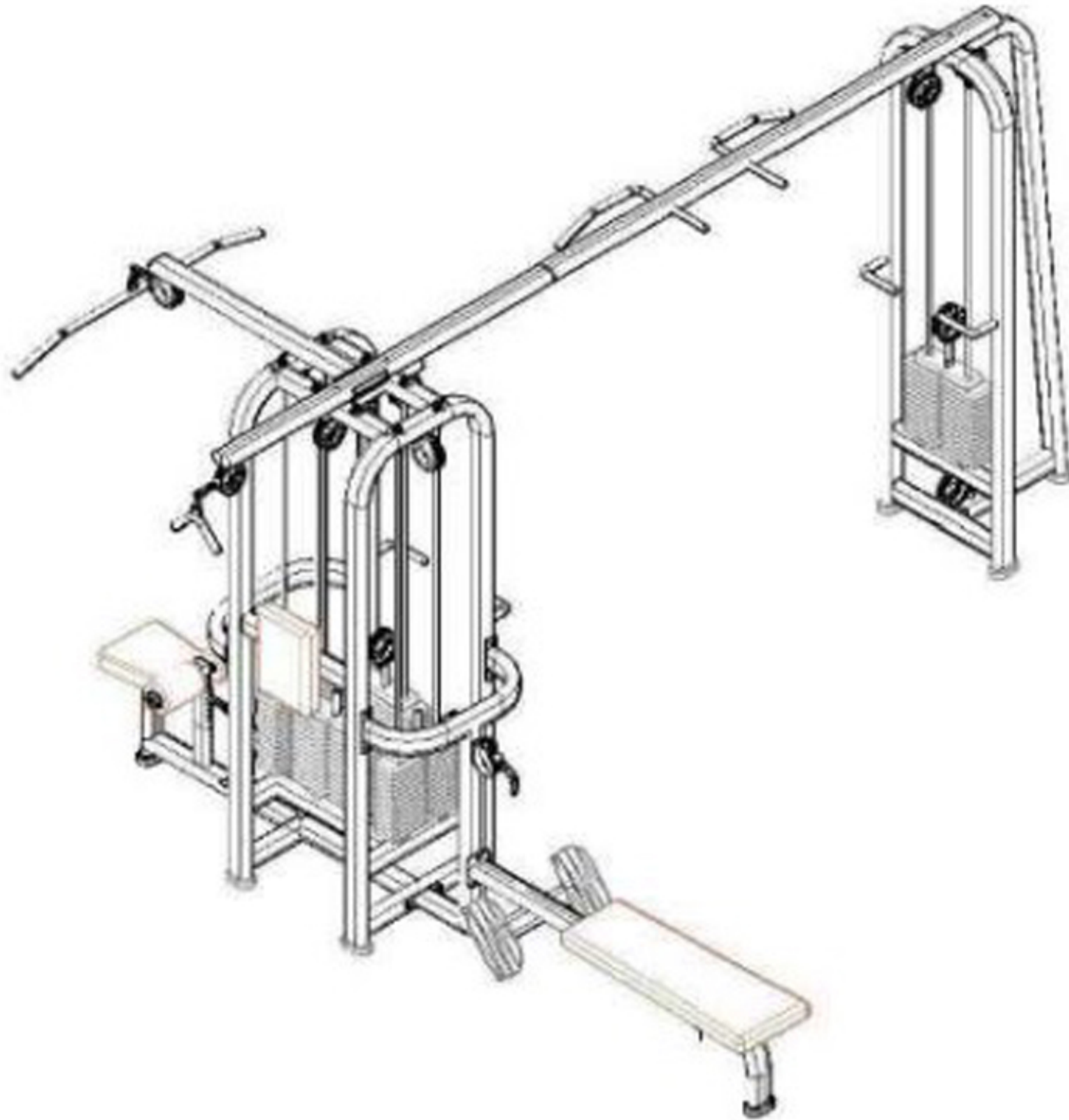
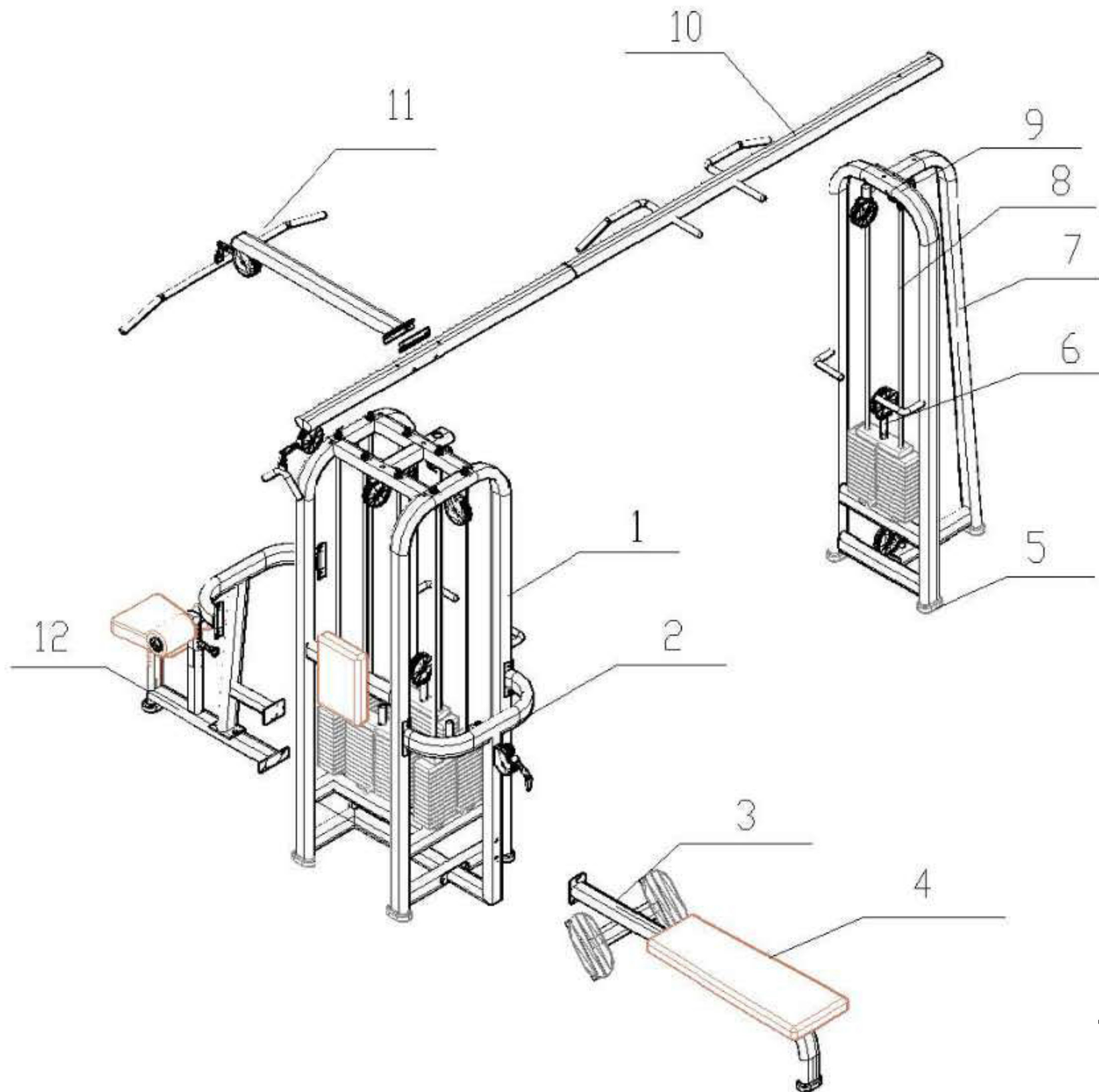




ASSEMBLY INSTRUCTIONS

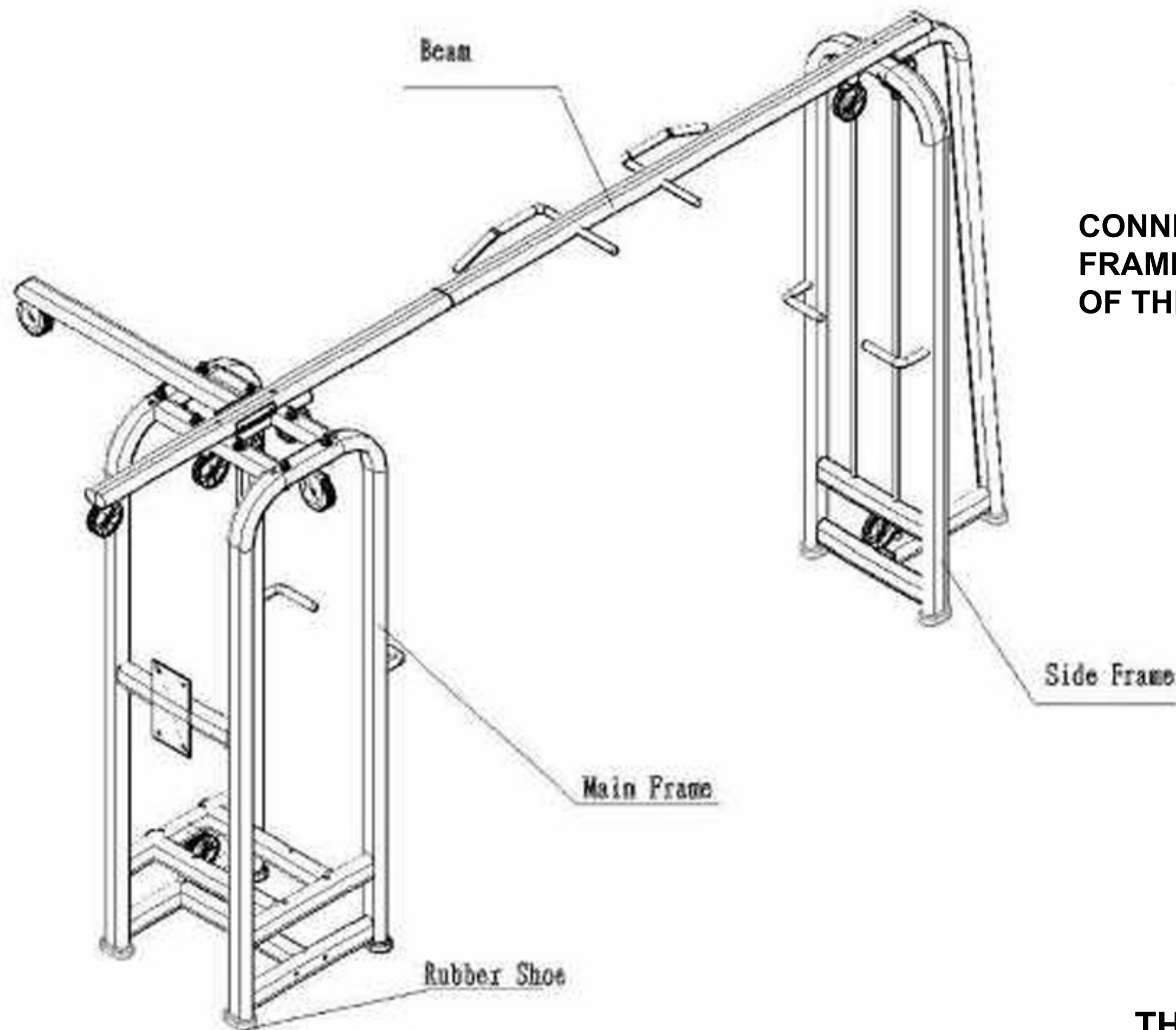


**THE COMPACT
5 STACK MULTI GYM
MDM-5SC**



1. MAIN FRAME
2. CURVED SUPPORT
3. LOW-POSITIONED FRAME
4. PAD
5. RUBBER SHOE
6. POLE
7. SIDE FRAME
8. GUIDE ROD
9. GUIDE ROD SLEEVE
10. BEAM
11. HIGH-POSITIONED BAR
12. HIGH-POSITIONED SEAT BACK

**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**

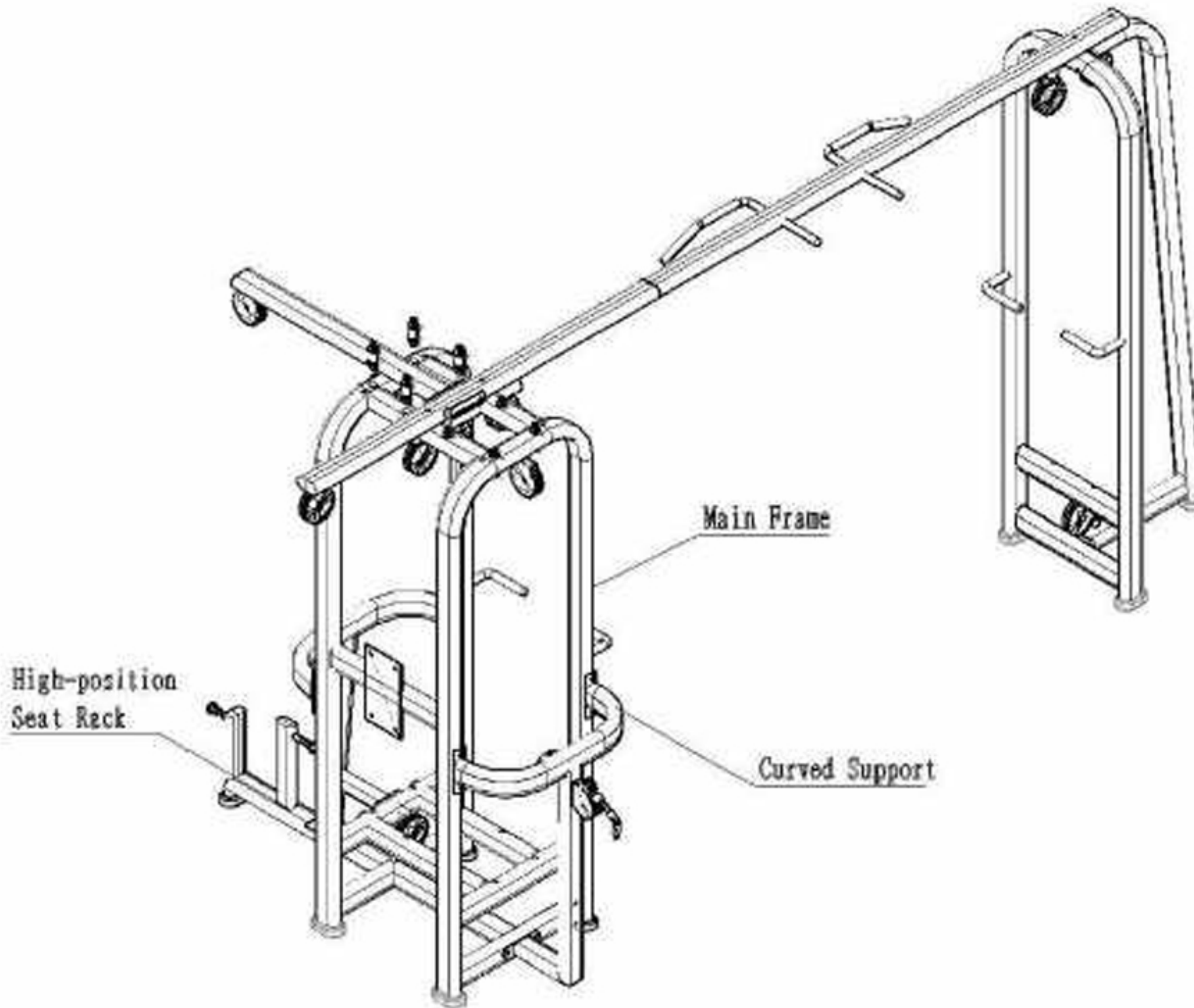


CONNECT THE MAIN FRAME AND THE SIDE FRAME WITH THE BEAM, AND PUT ON ALL OF THE RUBBER SHOES.

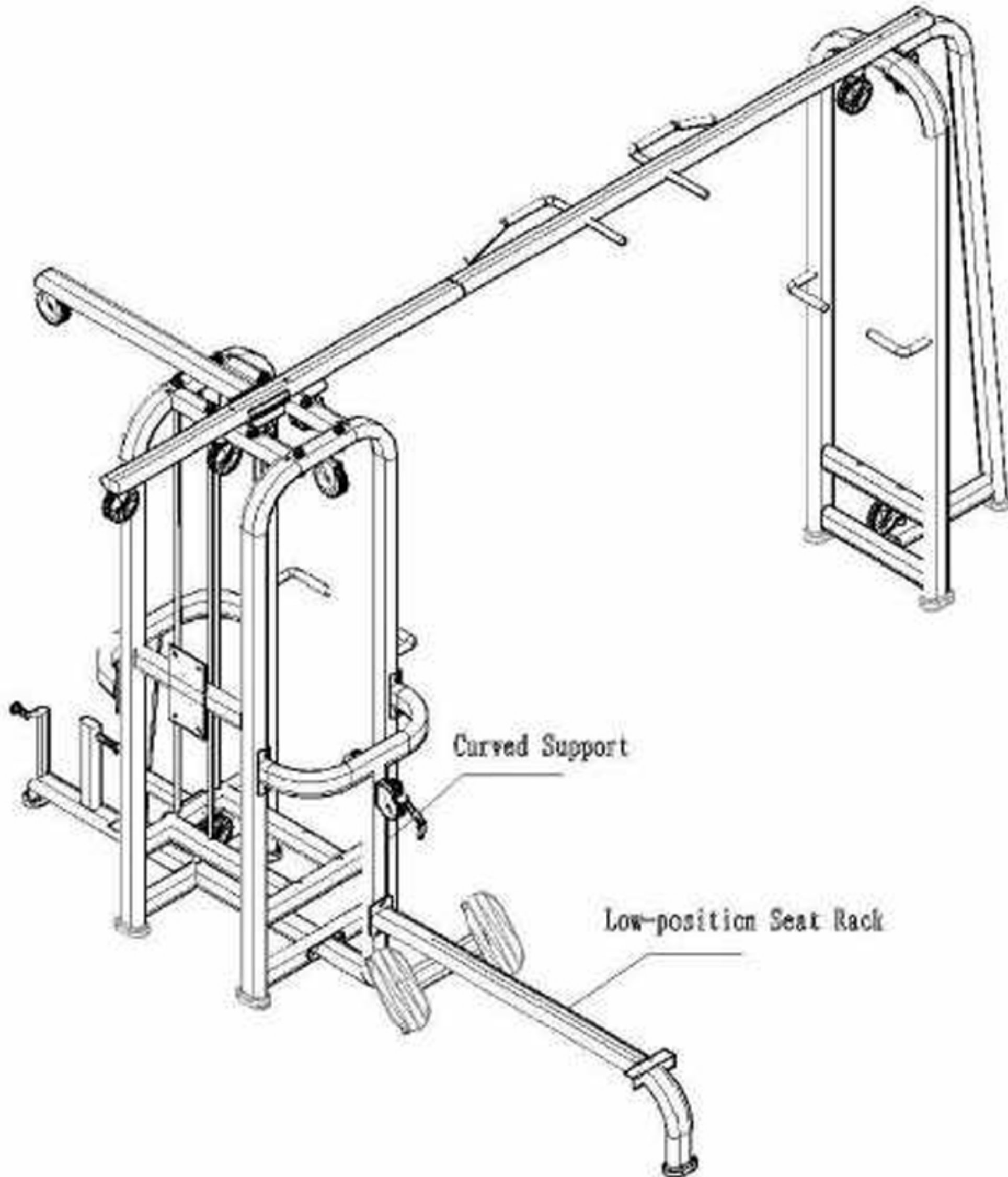
**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**



**CONNECT THE CURVED SUPPORT
AND HIGH-POSITION SEAT RACK
ONTO THE MAIN FRAME.**



**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**



**CONNECT THE LOW-POSITION SEAT RACK
ONTO THE MAIN FRAME.**

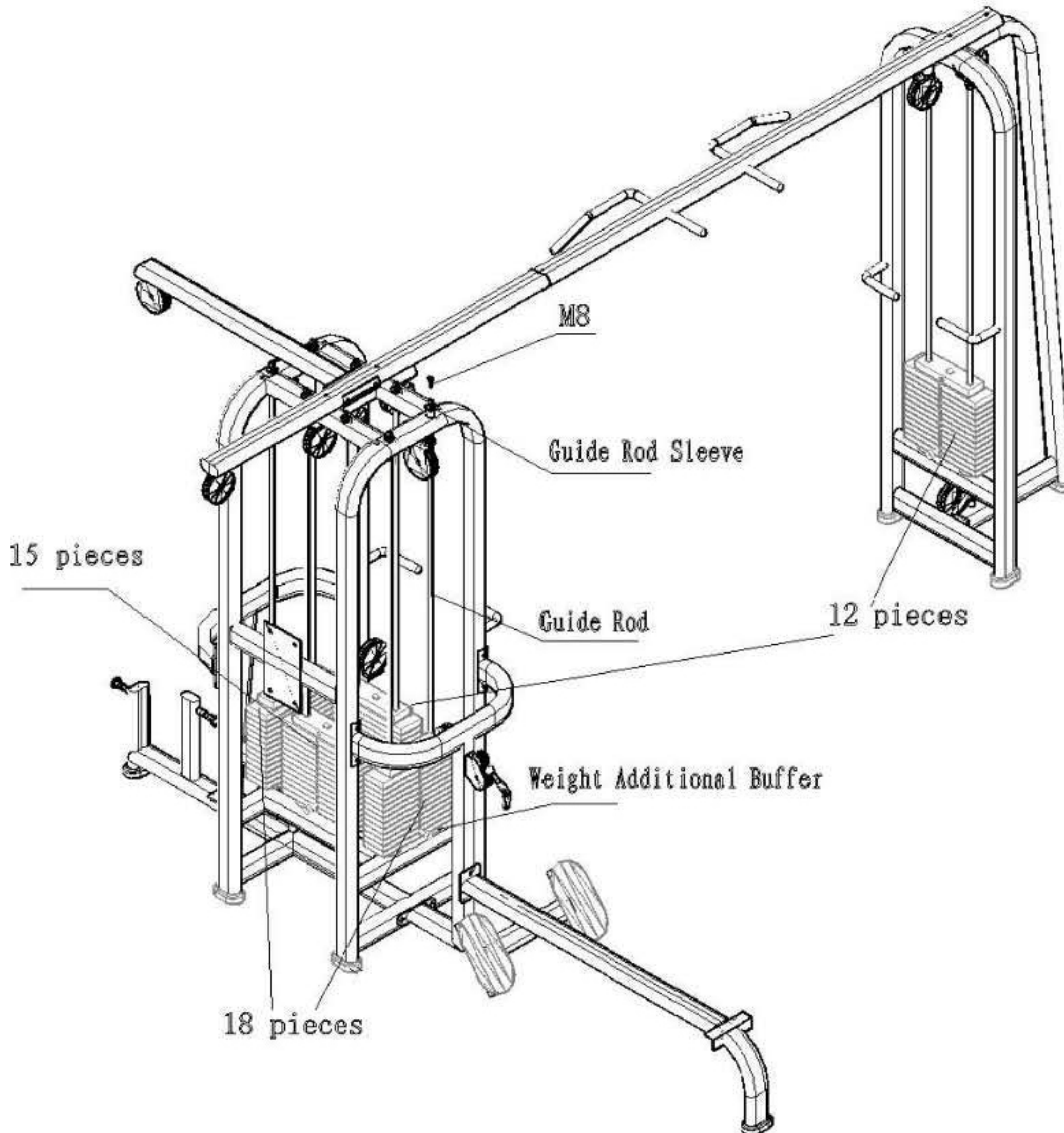
**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**



PUT THE WEIGHT ADDITIONAL BUFFER INTO THE POSITION ON THE DIAGRAM AND PLACE THE WEIGHT STACK ON THE WEIGHT ADDITIONAL BUFFER.

INSERT THE GUIDE ROD FROM THE TOP OF THE FRAME AND FIT IT WITH THE GUIDE ROD SLEEVE.

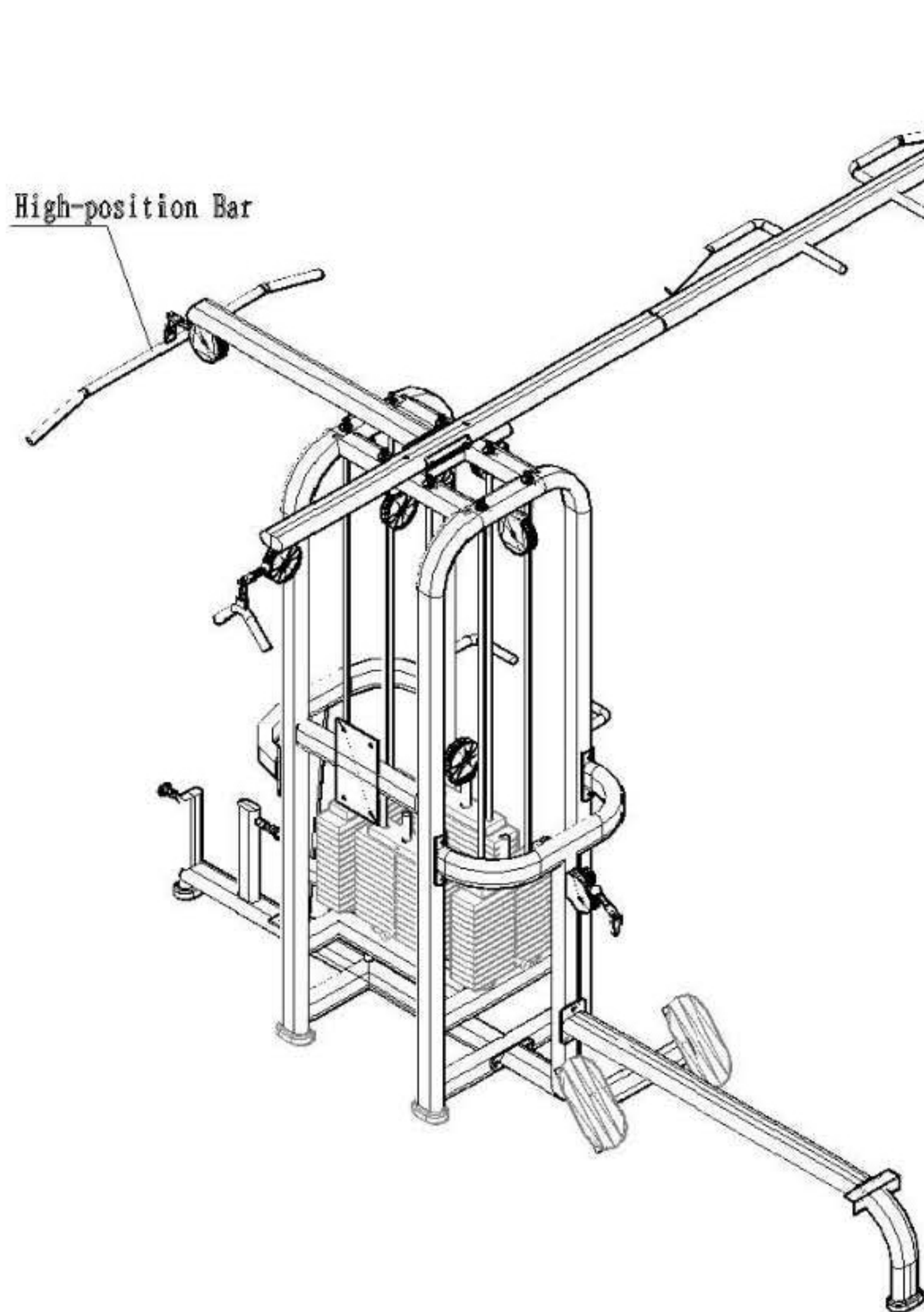
REPEATS STEPS FOR OTHER WEIGHT STACKS.



**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**



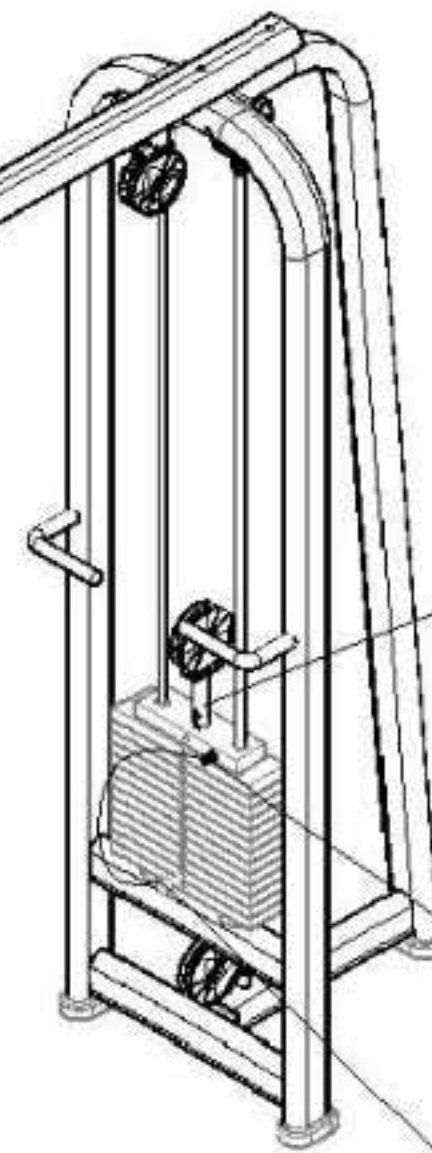
High-position Bar



Pole

M14

Pin



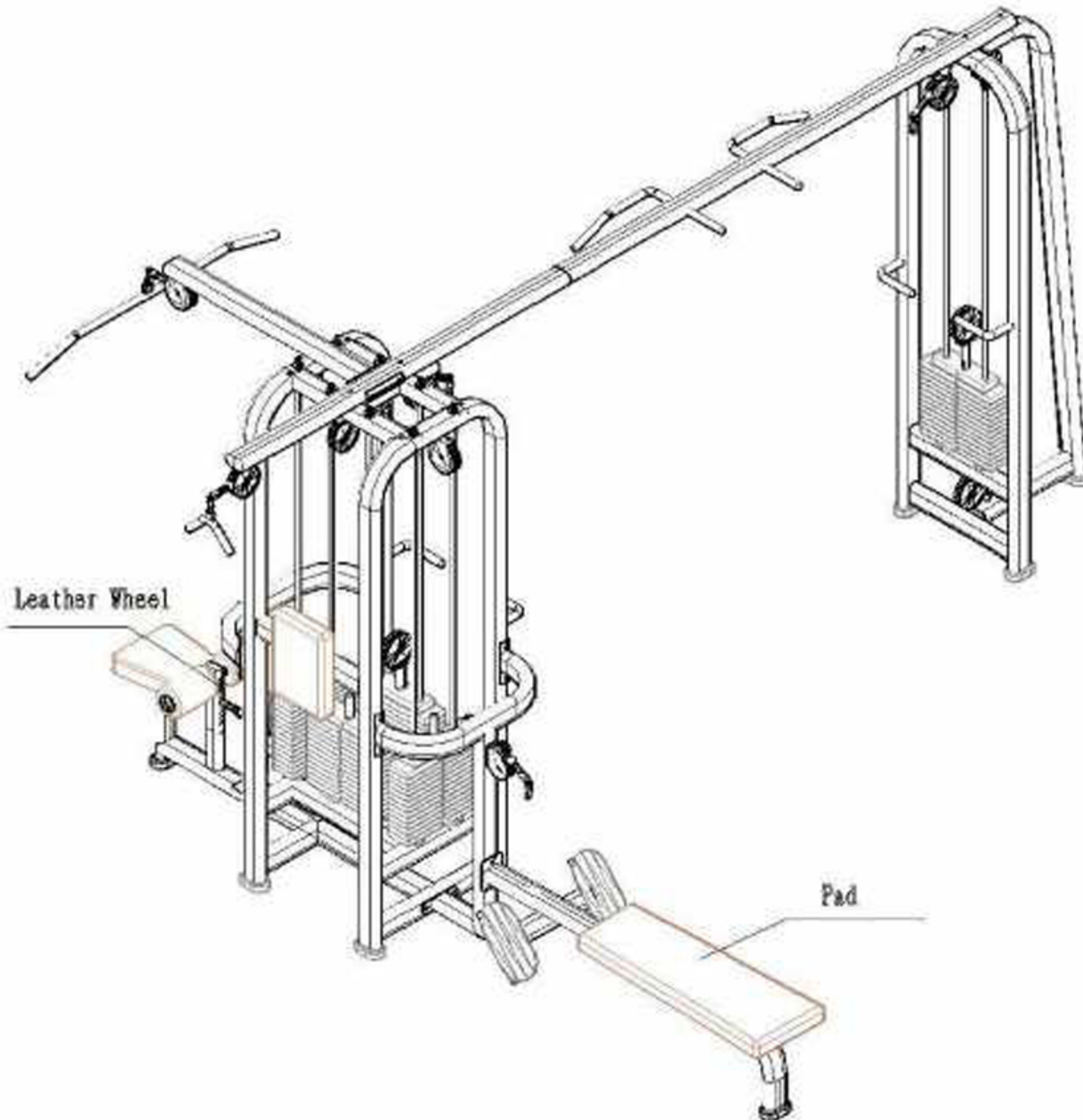
INSERT THE POLE AND FIT IT ONTO THE TOP WEIGHT PLATE WITH M14. PLUG THE PIN INTO THE PLATE HOLE.

PUT THE WIRE THROUGH THE PULLEY, THEN FIT ONE END ONTO THE PLUG ROD AND THE OTHER END ONTO THE HANDLE.

**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**



SET UP THE PADS AND THE LEATHER WHEELS



**THE COMPACT 5 STACK MULTI GYM
MDM-5SC**