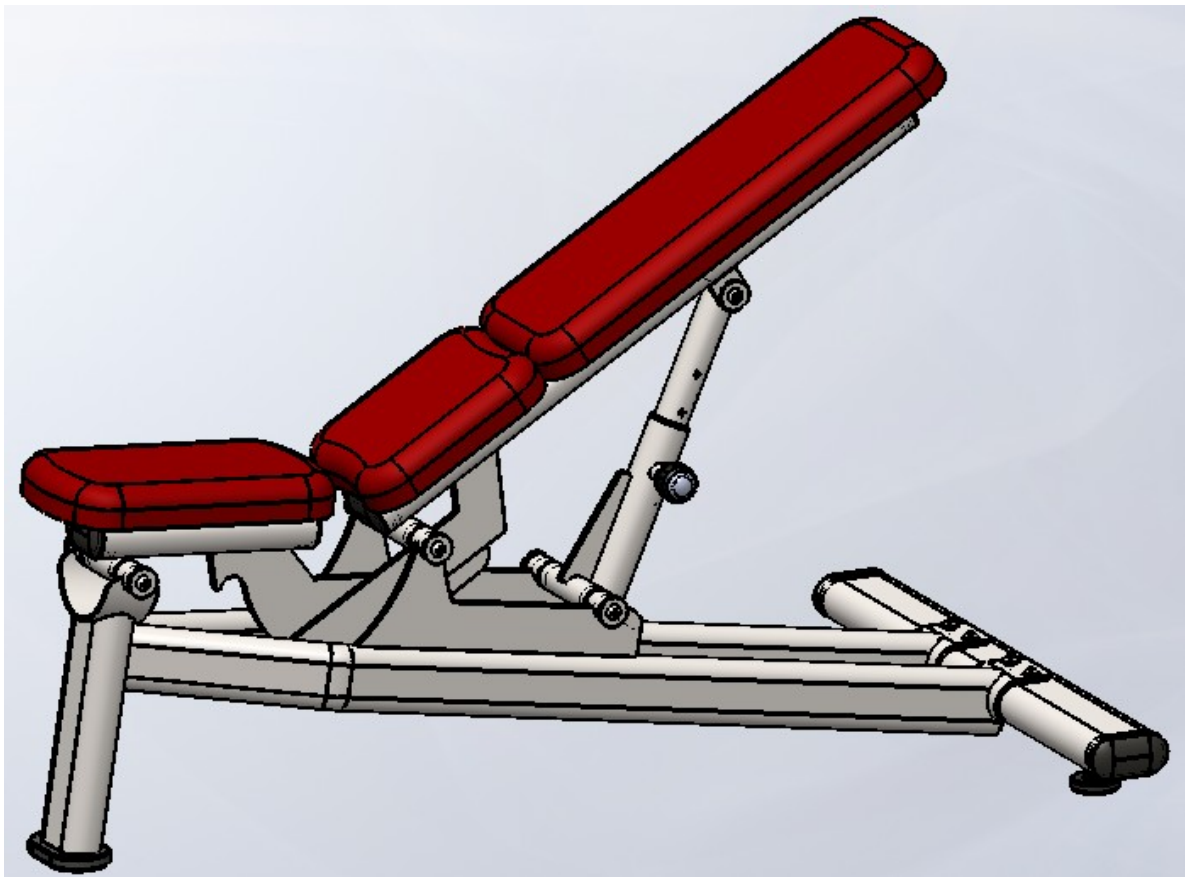


# FRENCH FITNESS

FFB-MAB / FFS-MAB

## FRENCH FITNESS MULTI ADJUSTABLE BENCH FFB-MAB Black & FFS-MAB Silver Versions

### OWNER'S MANUAL



#### **CAUTION!**

Read all precautions and instructions in this manual before using this equipment.

## FEATURES

- 65 × 114 x 3mm Flat oval steel tube
- Contoured cushions utilize a molded foam for superior comfort and durability
- Each frame receives an electrostatic powder coat finish to ensure maximum adhesion and durability
- Standard rubber feet protect base of the frame and prevent the machine from slipping

## TECH SPECS

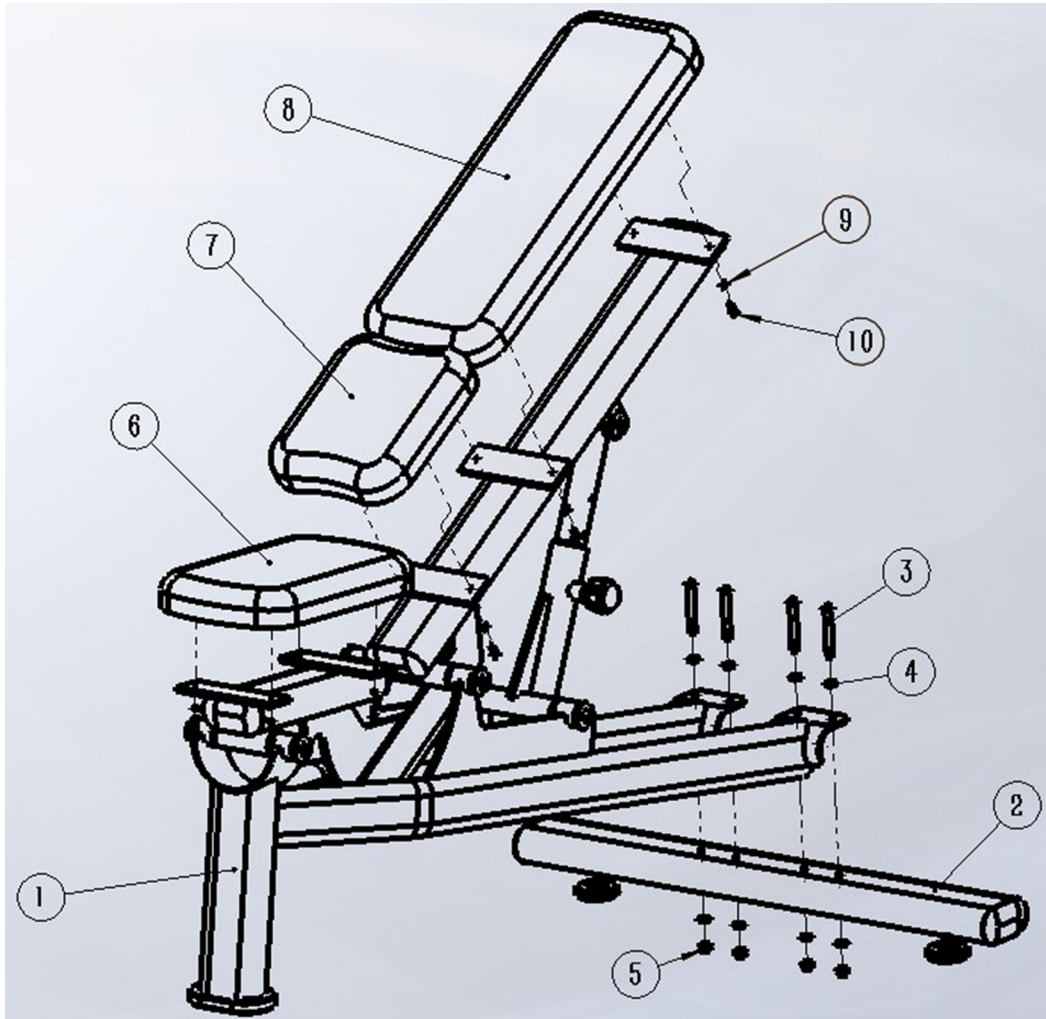
- Weight: 99 lb (45 kg)
- Dimension (L x W x H): 55" x 32" x 44" (1380 x 810 x 1120 mm)

## WARRANTY

- 10 Years Parts, 1 Year Labor (Commercial)

# COMPONENT ASSEMBLY

## STEP 1



ITEM	NAME	QTY
1	Main frame	1
2	The support frame	1
3	Hexagon socket screwM10x70	4
4	Washer $\Phi 10$	8
5	Locknut M10	4
6	Cushion (220X370)	1
7	Cushion (220X270)	1