

FRENCH FITNESS

FF-CT50

FRENCH FITNESS CT50 MANUAL CURVE
TREADMILL W/RESISTANCE

ASSEMBLY MANUAL



FEATURES

- Tube Size: 3mm
- Running Belt: Curved nylon belt
- Running Belt Area: 23.6" x 64.9" (600 mm x 1650 mm)
- Resistance Levels: 6 Gears
- Running Machine Plastic: ABS plastic
- Exercise Mode: Magnetron resistance adjustment
- Screen Display: Time, Speed, Calories
- Power: Cordless (Self Generated); Display uses batteries
- California Residents see Prop 65 WARNINGS

TECH SPECS

- Max User weight: 396 lbs (180 KG)
- Weight: 300 lbs (150 KG)
- Shipping Weight: 418 lbs (190 KG)
- Dimensions: 70.8"L x 32.8"W x 60.2"H (L:1800mm, W:835mm, H:1530mm)
- Shipping Dimensions: 74.8"L x 39.3"W x 25.5"H (L:1900mm, W:1000mm, H:650mm)

WARRANTY

10 Years Parts, 1 Year Labor (Commercial)

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SAFETY CAUTION

Please read all precautions and instructions in this manual before using this equipment.

1. This Curve treadmill is suitable for commercial fitness clubs, clubhouse fitness, bodybuilding training, sports training, physical education and so on.
2. This Curve treadmill is suitable for indoor use, do not use it outdoors or in high humidity situation. Do not splash water or any other liquid on the treadmill. Do not put or insert any abnormal things on the treadmill.
3. Please ensure its 4 feet on the ground when using it and placed it smoothly. There should retain 2000 mm * 1000 mm of safety space behind the treadmill.
4. When using the treadmill, please wear appropriate sportswear and sports shoes. For the exerciser who use the treadmill for the first time, professional guidance will be needed. In the event of an emergency, stop the machine immediately.
5. It is forbidden to let two or more people stand on the treadmill at the same time, the maximum load weight is 170 kg.
6. The heart rate sensor is not professional medical equipment, there are many reasons which can cause inaccurate detection, test results are for reference only. (Hold the heart of the handrail with both hands, several seconds later, to get a relatively accurate heart rate).
7. The action guidance:
 - A. Aerobic exercise : energy consumption, improve cardiopulmonary skills, accelerate the blood circulation, enhance physical fitness, loss weight.
 - B. When using this treadmill for the first time, exerciser needs to hold the handrail to keep the balance.
 - C. People can only walk down the treadmill after safety confirmation.
8. Any part of treadmill can not be in loose status.
9. Never touch any parts of running treadmill with your finger.
10. People with long hair should pay attention to the safety of hair when using this treadmill.
11. When you feel uncomfortable when using this treadmill, please stop immediately and consult to the doctor.
12. Please check and make sure every bolt and screw was locked tight every time before you start to use the treadmill. If any of them is loose, please change or fixed it.
13. There must be the mark of "Stop" in maintenance.
14. If there is abnormal noise or other abnormal situation of the treadmill, please stop running immediately and contact our after-sales department immediately, or seek professional help.
15. This treadmill is coincident to the type of SC in EN 957-6.

TECHNICAL STANDARD

Input supply voltage: four-cell dry

batteryTime: 0:00—99.59

Distance: 0.00—99.99 (km)

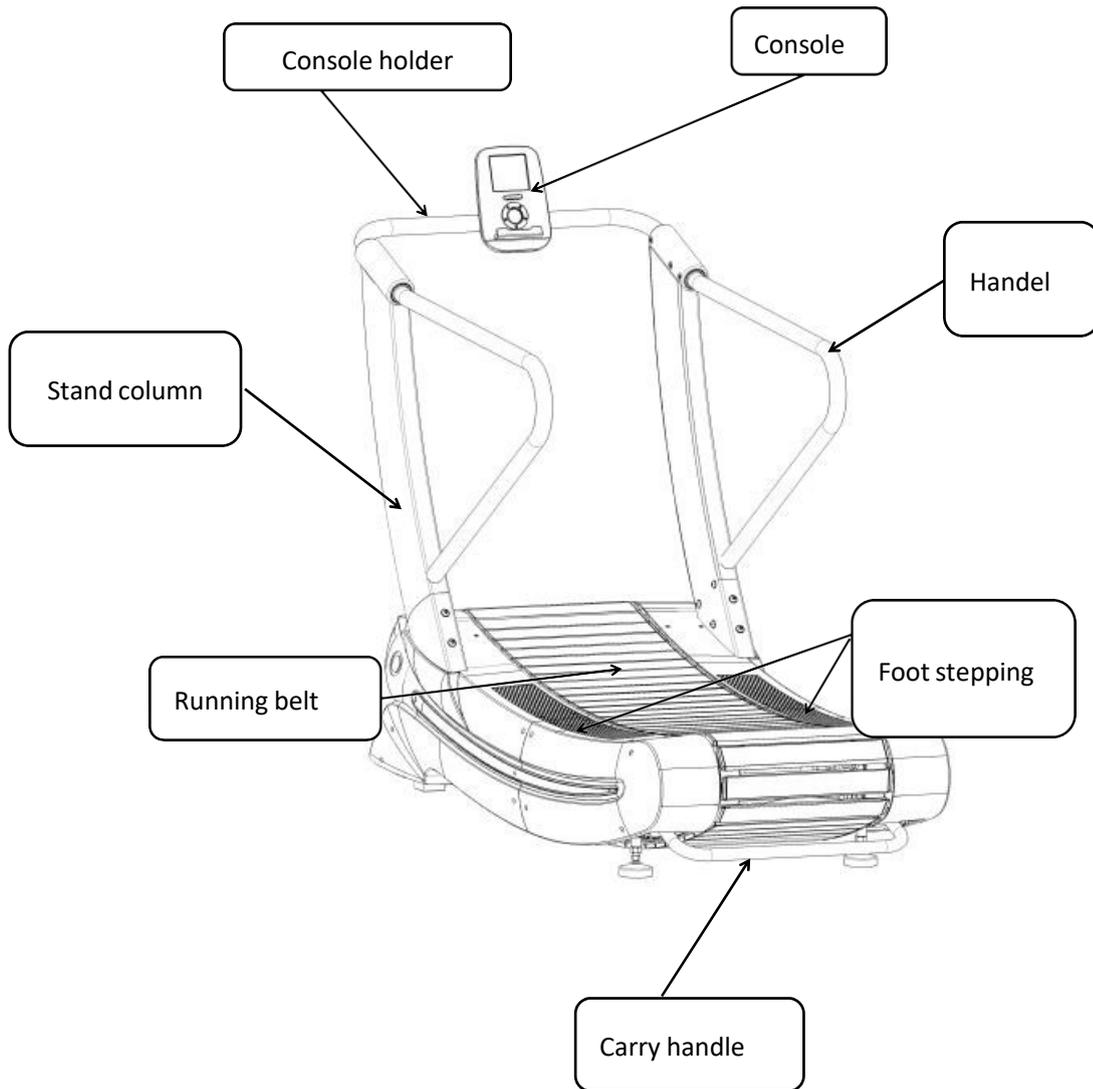
Calories: 0—999 (kcal)

Heart rate: 60—300

(beats/min)Revolving

speed 0-900 (r/min)

MACHINE DIAGRAM



INSTALLATION PROCEDURES & MACHINE DEBUG

Taking easy-assembly as the principle:

User Manual of this section is designed to ensure that the treadmills can be assembled correctly and easily.

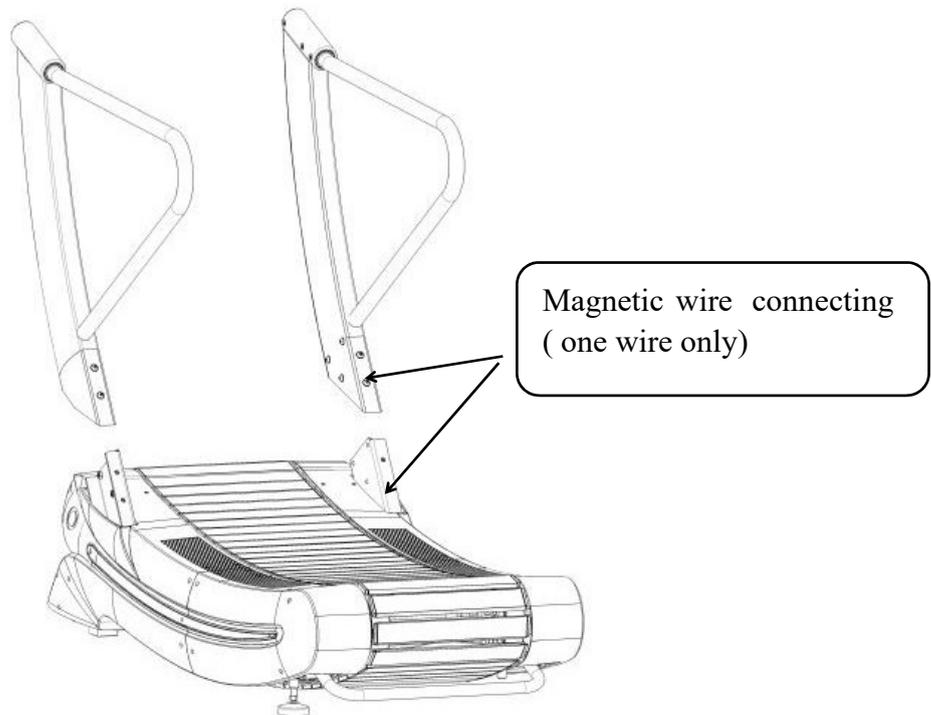
- Considering the big size of the treadmill, please select the location where the treadmill will be placed and ensure there is enough space around it.
- Place all parts of the treadmill in the empty area and remove all packing materials. Do not discard the packing materials until the assembly work is completed.
- All bolts must be tightened during the assembly process unless otherwise stated, and all bolts must be tightened when the assembly work is completed.
- When assembling the treadmill, please make sure all parts are assembled according to the assembly drawing.

Assembly step one:

Connect the magnetic induction line and assemble the stand column. Assembly instructions:

- 1) Remove the packing materials on both sides of the stand column.
- 2) Fix the stand column to the corresponding position of the main frame as shown in the picture below.

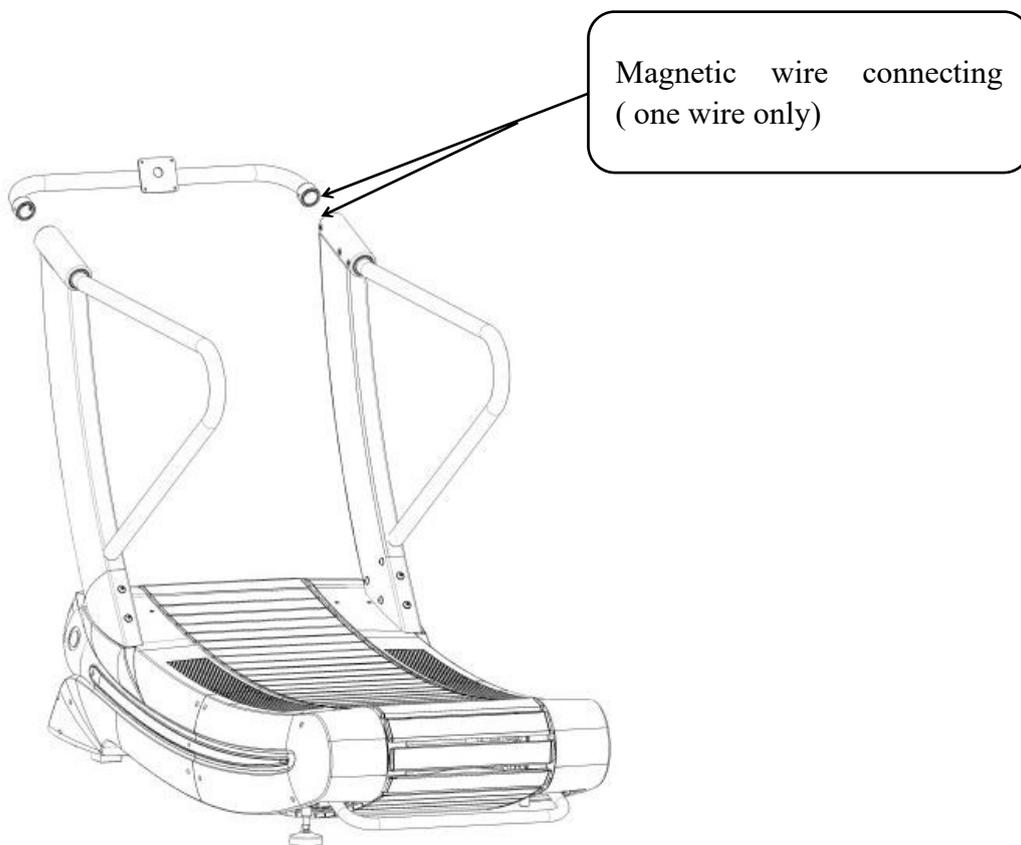
Note: Connect the magnetic line below.



Assembly step two:

Connect the magnetic induction line and assemble the console holder: Assembly instructions:

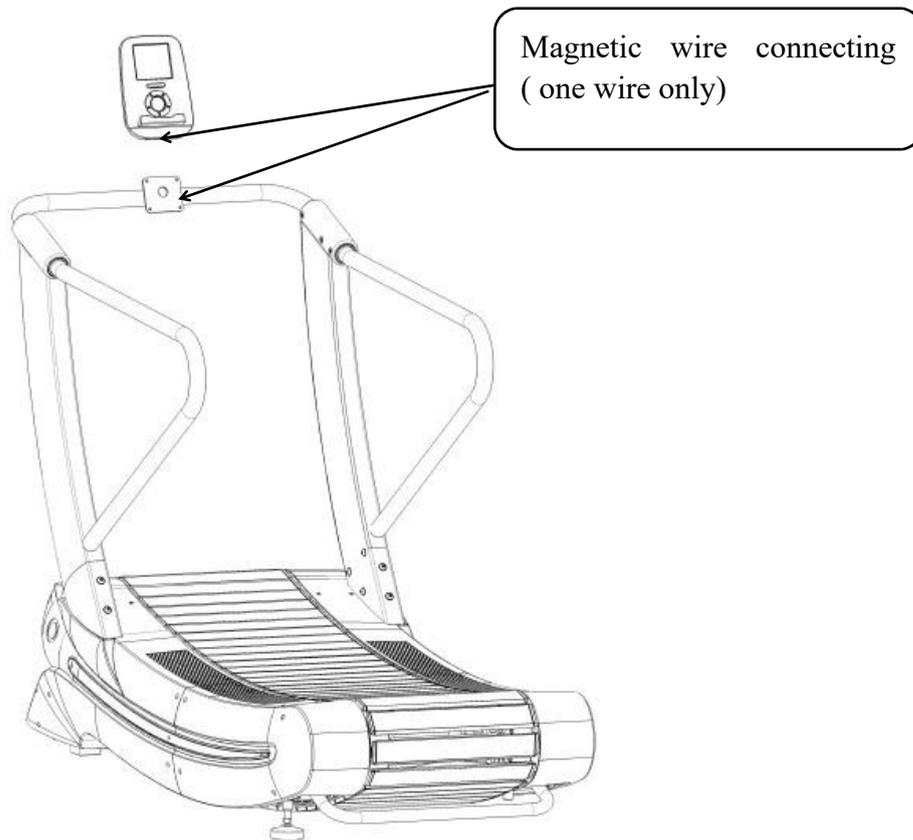
- 1) Connect the magnetic induction line of the console holder to those in the standcolumn.
- 2) Fix the console holder tightly with the stand column as shown in the picture below, using 2 pcs of (27).



Assembly step three:

Assembling the console; connecting the magnetic line

- 1) Connecting the magnetic line of the console with the line in the holder consoleholder.
- 2) After connected the magnetic line, place the console at the joint of console holder and fasten it (as shown), using 4pcs of (13) and 4pcs of (14).
- 3) Stepping on the running belt run it, and press the button  to start the treadmill, check the machine is running normally or not, the console data display is comprehensive and accurate or not.
- 4) If the machine runs normally, all bolts are tightened in place, then, the treadmill is assembled;



OPERATION GUIDE

Console Introduction:

This treadmill adopts console model, four dry battery power supply, low power consumption, no external power supply required;

This treadmill interface has only one main interface, with six buttons to achieve the purpose of use, the specific operation methods of the treadmill are as follows:

1. Home page



The main interface is used to display device name, time, distance, calories, speed,

2. Six button



(1)  Start/Stop button. In standby mode, all data will start counting only when you click this button. Click this key while running, and all data will stop counting.

(2)  Numerical plus key: For numerical addition on numerical setting interface, growing rate: +1

(3)  Numerical minus key: For numerical reduction on numerical setting interface, reduction rate: -1

(4)  Program setting key: Click this key to start program setting, consist of body fat test; time reciprocal, distance reciprocal, three kinds of procedures;

(5)  Reset key: Touch this button (no more than 3s) to back step.; Long press this key (more than or equal to 3s) to return to the initial interface, all data will be reset.

(6)  Confirm key: Confirm key for data and program selection. numerical modification confirmation;

Operating Instructions

1. The screen will light up when the instrument detects the speed or click the start button.

2. The screen will automatically goes out, all data is cleared on the two situations: ①The instrument detects no operation in 2 minutes. ②After clicking the stop button, there is no speed and operation in 1minutes.

3. Click “” to enter the program selection interface. The intrinsic program is time setting, distance setting and calorie setting. When the program is displayed, the English word and dot matrix center window will flash together.

4. The user can choose different programs setting by pressing the “” button, and then press “” to confirm. After confirmation, press “” or “” to set the corresponding parameter. after that, press

“” to confirm. at this moment, the corresponding parameter will start countdown after you press “”.

5. Rounded rectangular dot matrix display, the point is evenly distributed one circle, and the dot matrix represents 400 meters. When it reaches a certain distance, it lights up. When the distance is not reached, the point is flashing;

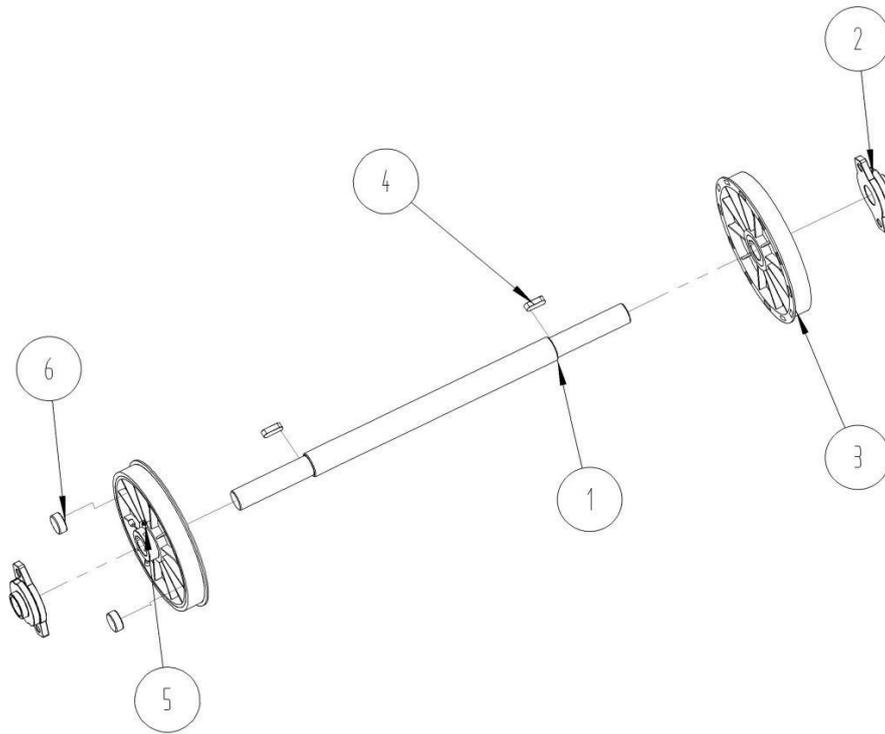
6. About the dot matrix center display: 1 circle means 400 meters, the dots will light up according to certain distance. Every time you run 400 meters, the dots are all lit. The window displays 1, and after running 800 meters, the window displays 2. . . And so on.

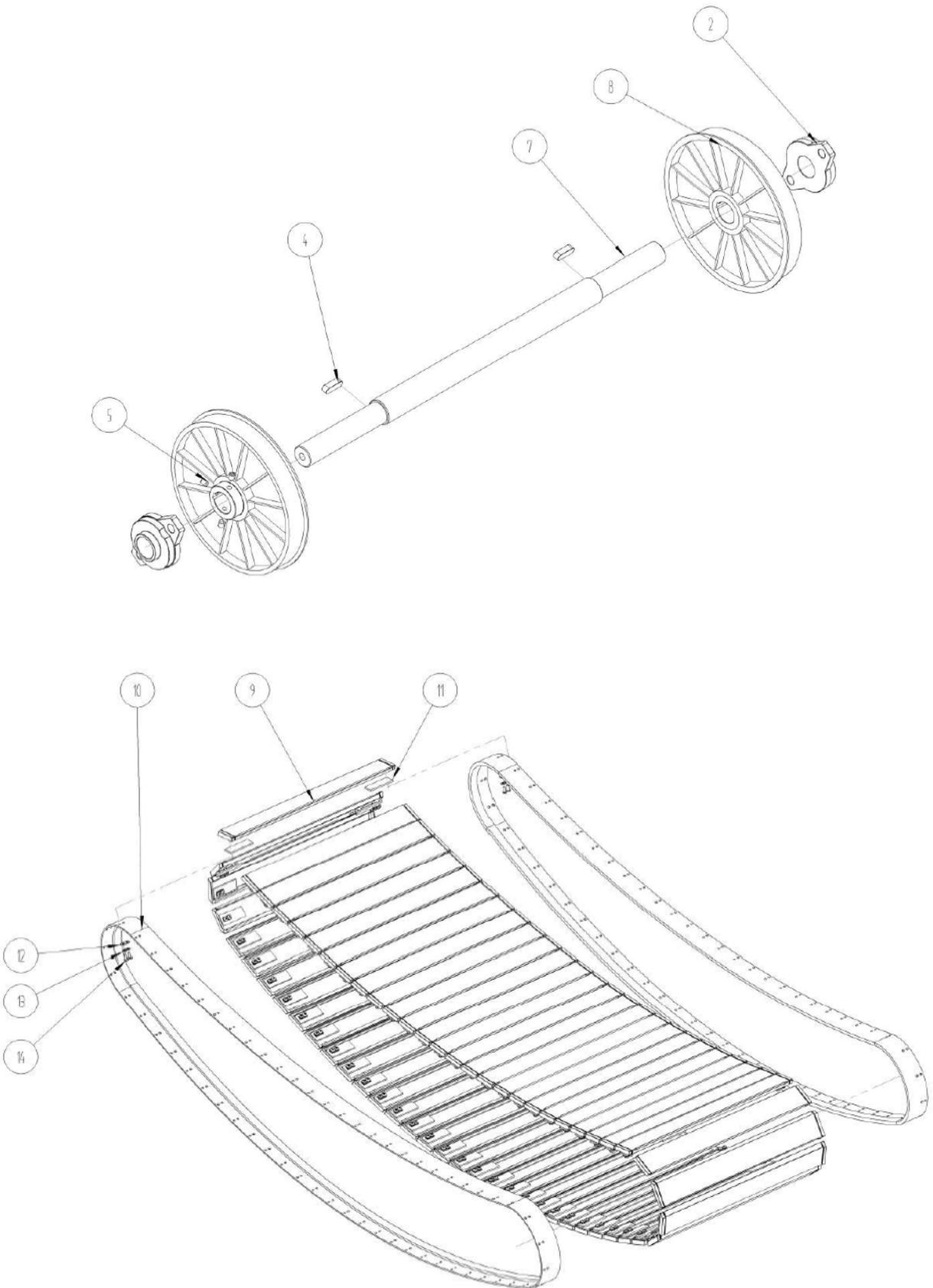
7. In normal use, the middle circle area alternately displays TIM, DIS, CAL and number of turns, and the blinking time is 5S. during this period of time, the value of the time window is the same as the value in the middle of the dot matrix. Each data displays for 5S and then the next set of data is displayed. The center display turn is TIM, DIS, CAL and number of turns

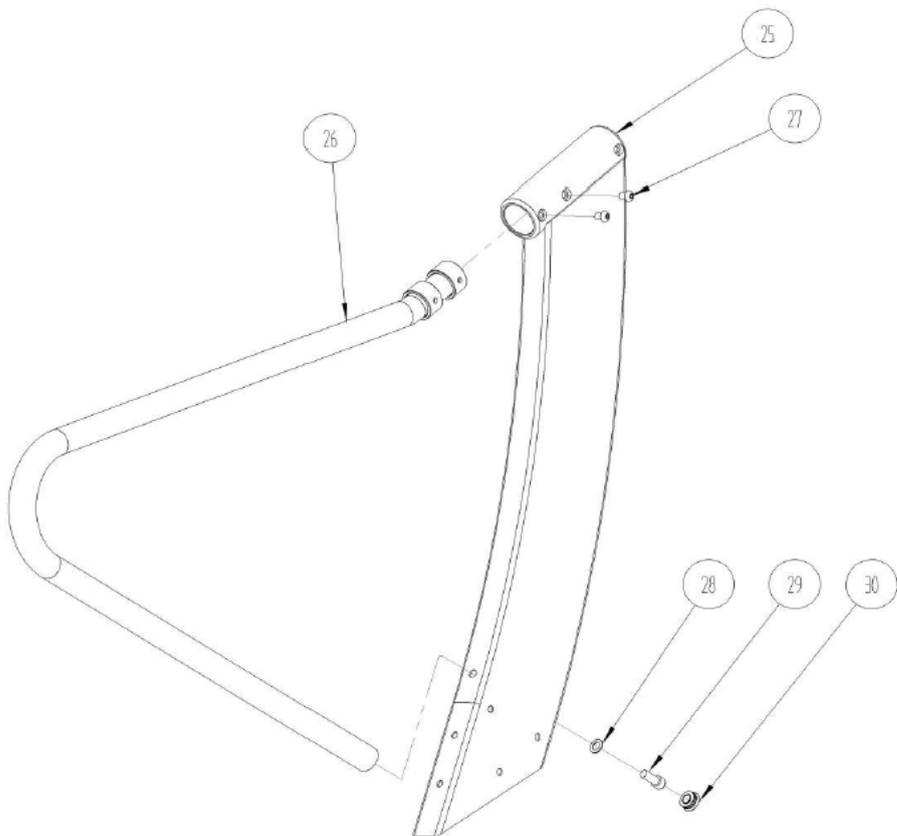
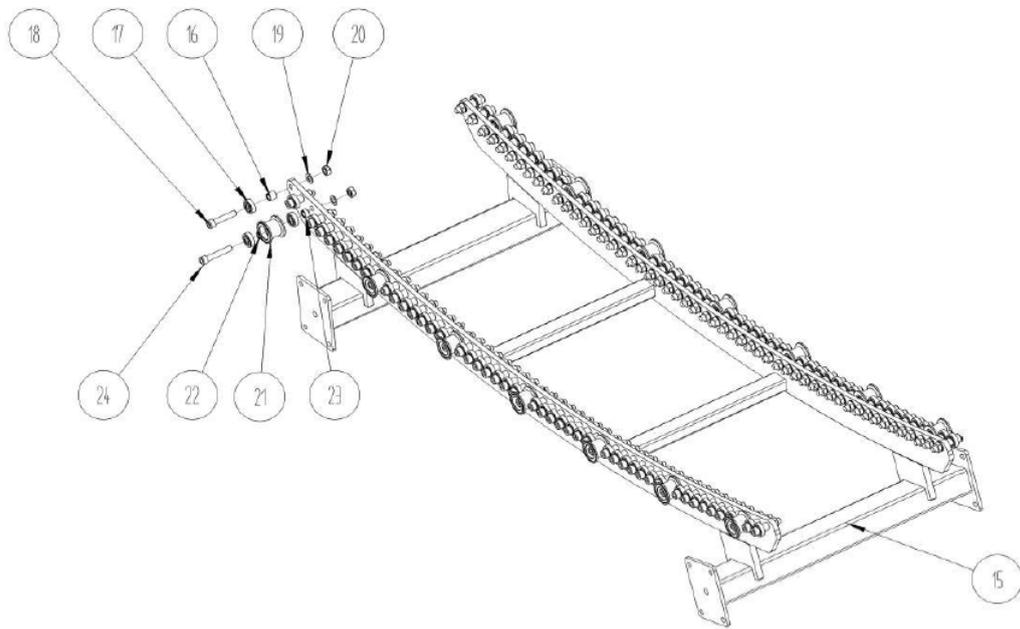
PACKING LIST

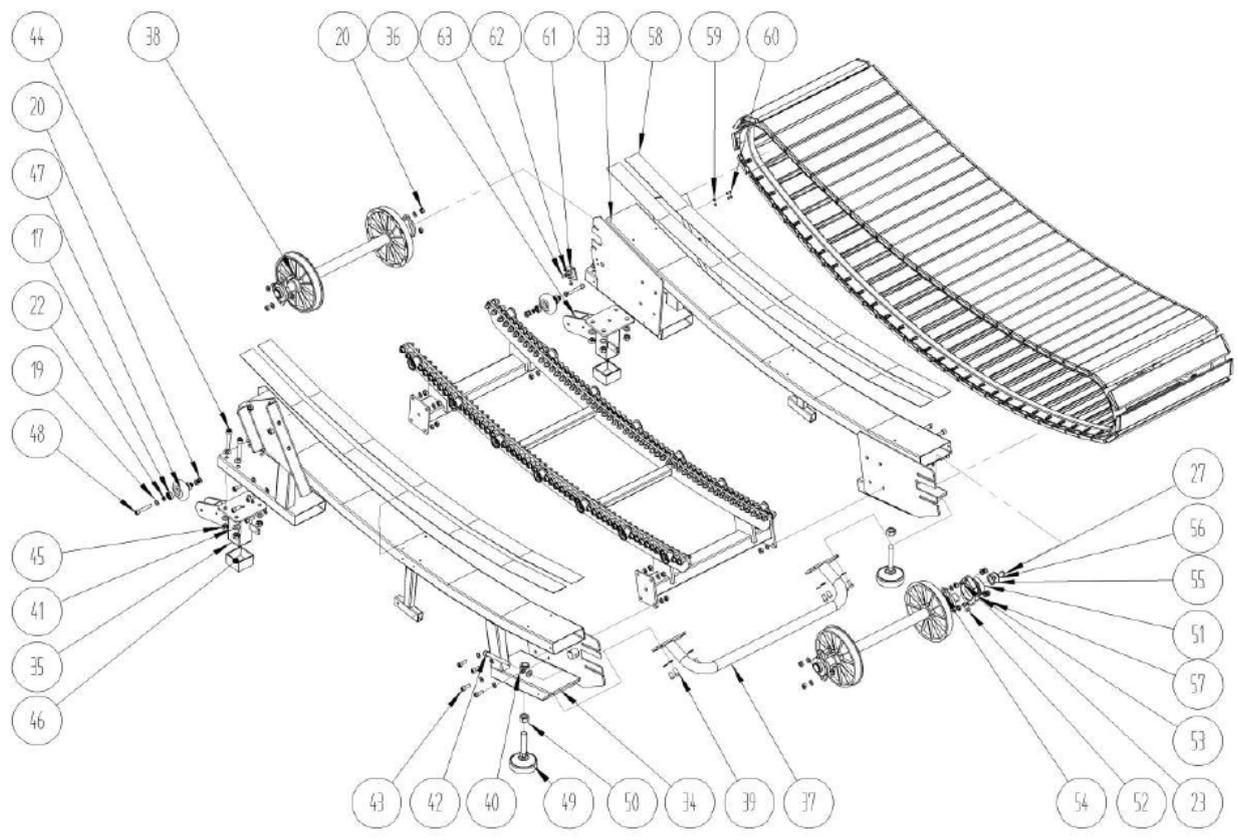
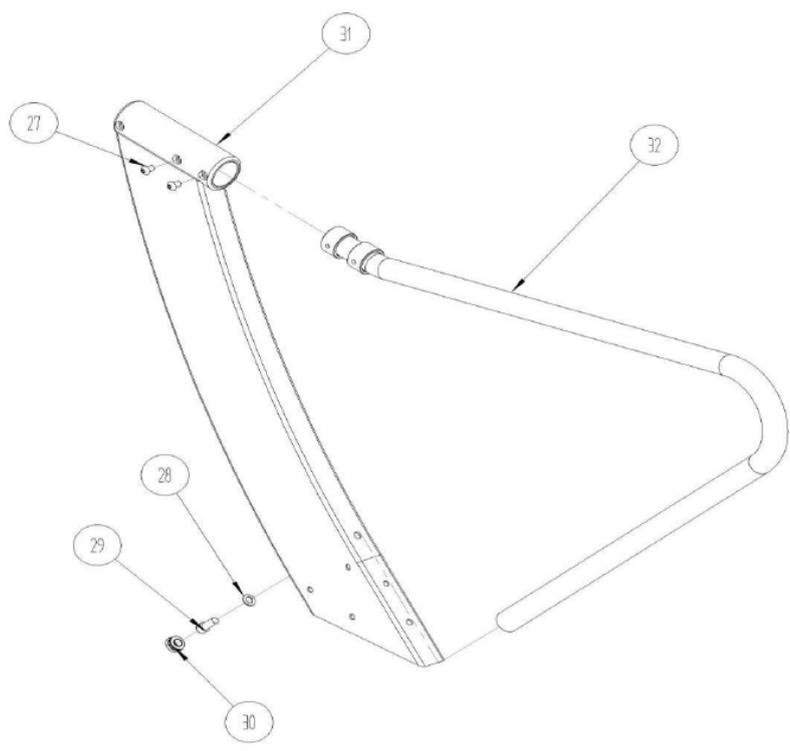
Main Frame	1pcs.
Right side stand column handrail	1pcs
Left side stand column handrail	1pcs
Console welding assembly	1pcs
Console	1pcs
Φ10XΦ5.5X1.0t-C1 Washer	4pcs.
M5X12L-A1 Cross plate circular bolt	4pcs
Φ20XΦ11X1.0t-C1 Washer	10pcs.
M10X20L-N2 Hexagon socket button screws	10pcs
Screwdriver	1pcs.
6mm Hexagon spanner	1pcs

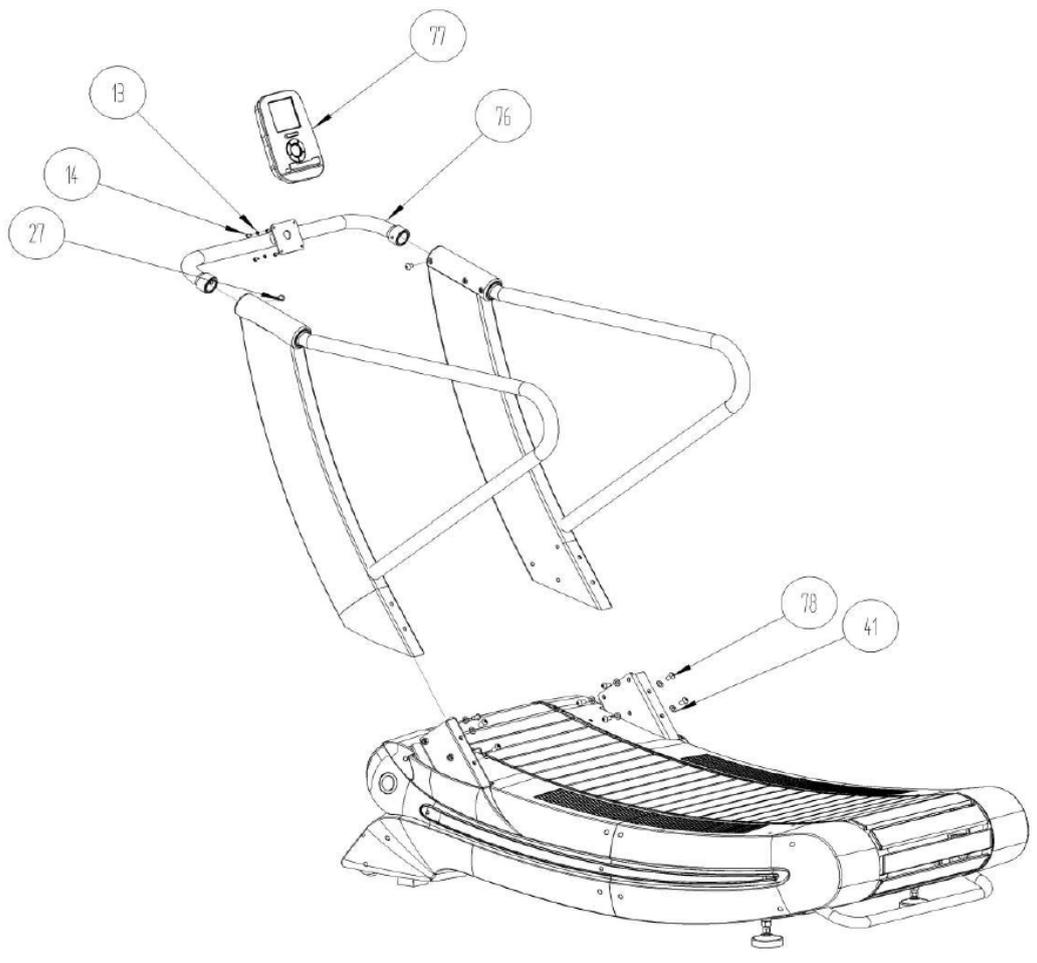
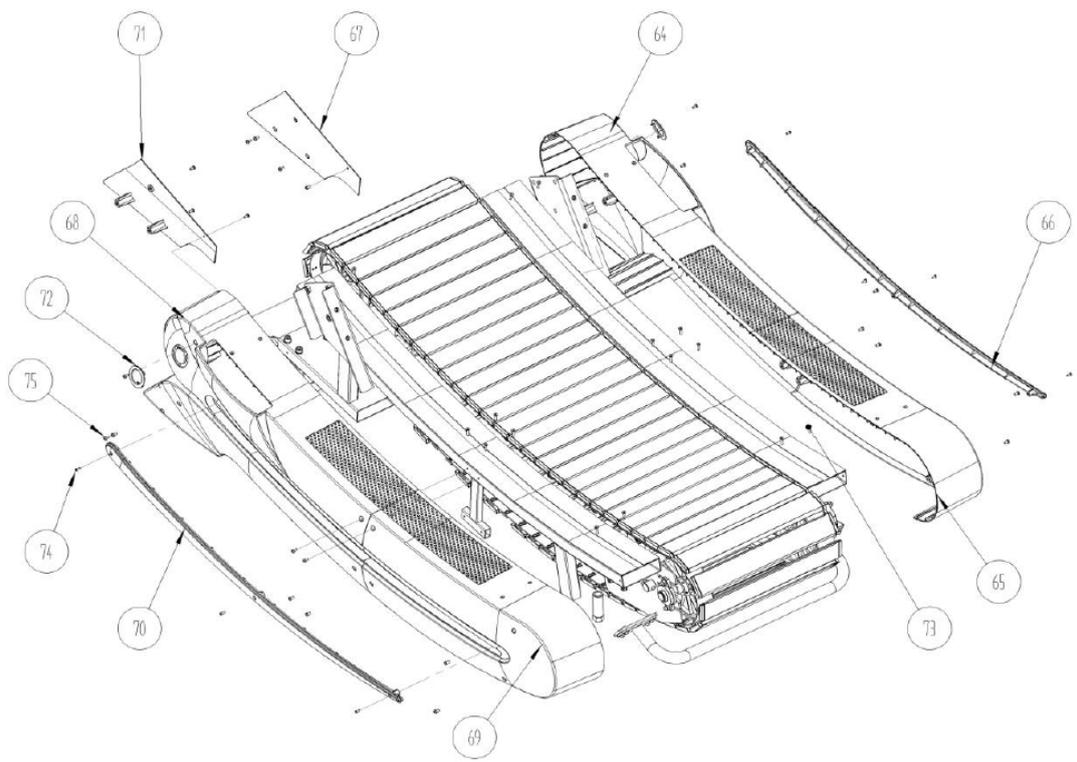
EXPLOSIVE VIEW











Item	Description	QTY
1	TZ03-SP03-0302 Front axle	1
2	FL005 Bearing pedestal	4
3	TZ06-SP03-0612 Front wheel	2
4	8X25 Flat key	4
5	M6X8L-J1 Set screw	12
6	Magnet	2
7	TZ03-SP03-0303 Back axle	1
8	TZ06-SP03-0613 Back wheel	2
9	Running belt unit	60
10	TZ17-SP03-1701 Running belt	2
11	TZ10-SP03-1001 Foam glues tape	120
12	TZ02-SP03-0235 Running belt fixing metal plate	120
13	Φ 10X φ 5.5X1.0t-C1 washer	244
14	M5X12L-A1 Cross plate circular bolt	244
15	TZ04-SP03-0403 Running belt rack	1
16	TZ03-SP03-0308 Small bearing washer sleeve	92
17	608 Bearing	124
18	M8X40L-N1 Hexagon socket cap screws	92
19	Φ 16X φ 9X1.0t-C1 washer	160
20	M8X7t-S1 Lock nut	134
21	TZ03-SP03-0311 Belt aluminium wheel	14
22	TZ03-SP03-0309 inner bearing spacing	18
23	TZ03-SP03-0307 Big bearing washer sleeve	16
24	M8X45L-N1 Hexagon socket cap screws	14
25	TZ04-SP03-0414 Left side stand column welding part	1
26	TZ04-SP03-0414 Left side handle welding part	1
27	M10X15L-N2 Hexagon round screw	7
28	Φ 22X φ 13X1.5t-C1 Washer	2
29	M12X30L-N1 Hexagon socket cap screws	2
30	601 Plastic part	2
31	TZ04-SP03-0410 Right side stand column welding part	1
32	TZ04-SP03-0411 Right side handle welding par	1
33	TZ04-SP03-0401 Right side wall	1
34	TZ04-SP03-0402 Left side wall	1
35	TZ04-SP03-0415 Left side support group	1
36	TZ04-SP03-0407 Right side support group	1
37	TZ04-SP03-0408 Carry handle	1
38	M8X25 Carriage bolts	6
39	M8X16L-N2 Hexagon round screw	8
40	M10X8t-S2 Nut	2
41	Φ 20X φ 11X1.0t-C1 Washer	28

42	M10X100L-N1 Hexagon socket cap screws	2
43	M8X20L-N1 Hexagon socket cap screws	16
44	M10X60L-N1 Hexagon socket cap screws	8
45	M10X9t-S1 Lock nut	8
46	TZ06-SP03-0614 Footing	2
47	Front wheel	2
48	M8X50L-N1 Hexagon socket cap screws	2
49	M16 Footing	2
50	M16X14.8 Nut	2
51	6205 One-way bearing	1
52	8X14 Flat key	1
53	TZ02-SP03-0236 One-way bearing pedestal	1
54	M8X55 Carriage bolts	2
55	TZ-50-0609 Weight interval washer	1
56	TZ-5013-0211 Small round block	1
57	M6X14L-N2 Hexagon round screw	1
58	TZ10-SP03-1002 Foam glues tape	4
59	Φ9X φ 4.3X0.8t-C1 Washer	3
60	M4X10L-A1 Cross plate circular bolt	3
61	TZ02-SP03-0239 Counter stator	1
62	Probe stator	1
63	Probe	1
64	TZ06-SP03-0603 Right side front shell	1
65	TZ06-SP03-0604 Right side back shell	1
66	TZ06-SP03-0605 Right side trim strip	1
67	TZ06-SP03-0606 Right side protecting case	1
68	TZ06-SP03-0607 Left side front shell	1
69	TZ06-SP03-0608 Left side back shell	1
70	TZ06-SP03-0609 Left side trim strip	1
71	TZ06-SP03-0610 Left side protecting case	1
72	TZ06-SP03-0611 Decorative ring	2
73	M5X20L-N3 Hexagon countersunk head screw	18
74	M4X12L-M1 Cruciform slotted screw	6
75	M5X10L-A1 Cross plate circular bolt	26
76	TZ04-SP03-0412 Console welding assemble	1
77	TZ06-SP03-0616 Console	1
78	M10X20L-N2 Hexagon socket screw	10